



201 North Franklin Street • Tampa, FL 33602

August 2022

PROPERTY MANAGEMENT

(813) 223-5008, Suite 1890
All emails: first name.last
name@cushwake.com

Natalie Stoughton, General Manager
Deborah Scott, Property Manager
Patrick Verst, Property Administrator
Seymour Phillips, Chief Engineer
Joshua Coghill, Asst. Chief Engineer
Robert Shim, Engineer
Rob Ruiz, Operating Engineer
Ken Adams, Maintenance Tech
Ricky Vega, Maintenance Tech

LEASING TEAM

(813) 223-6300, Suite 3300
Barry Oaks
Mercedes Angell



Welcome, Zentech Consulting!

We are happy to welcome Zentech Consulting as Tampa City Center's newest tenant. The placement firm specializes in information technology, healthcare, finance and engineering, serving both locally and nationally for over seven years.



National Dog Day Gift Basket

National Dog Day is August 26th, and we have a "paw-some" basket planned for this month's winner! Entries for this month's gift basket will be accepted from August 17th until August 24th at the security desk.

Congratulations, Josh Coghill!

Double congratulations are in order for Tampa City Center's Josh Coghill. Josh and his wife recently welcomed newborn Lucas Coghill to their family on June 2nd! Upon returning from paternity leave, Josh was promoted to Assistant Chief Engineer thanks to all of his hard work. We are so happy for you and your expanding family!



Oneblood - Blood Drive

Tuesday, Aug. 16
10am-3pm
Jackson Street

Visit Oneblood.org to schedule.

BANYAN STREET
CAPITAL



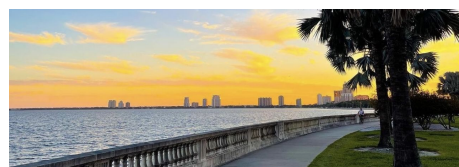
Tenant Anniversary

Cushman & Wakefield	40 Yrs
U.S. Legal Support	27 Yrs
Ernst & Young	8 Yrs
BBG	5 Yrs



Tampa City Center Happenings

Chair Massages	August 9th
Oneblood - Blood Drive ...	August 16th
Basket Drawing Begins ...	August 17th
Basket Drawing Ends	August 24th





Building Amenities

Concierge Services

- Movie-Ticket Sales
- Notary Services (Security)
- USPS-Stamp Sales
- Umbrella Checkout

Dining (all 813 area code)

- OnARoll Sushi, 101-C, 400.1100
- Starbucks, Hilton Hotel across pedestrian bridge on 2
- 211 Restaurant & Lounge, Hilton

Other Services

- Building Conference Rooms in Ste. 225
- Unlock Tampa Bay Store, Lobby
- Florida Wellness Medical Group, 101-A, 229.2225
- Smile Design Dental, 101-E, 225.1204
- University Club, 38th FL, 223.3737
- Tampa Legal Copies, 228.6200
- Shoe Repair, Reina Shoe Repair, 228.8487
- Auto Detailing - 226.0654
- YMCA (10% discount)
- Franklin Street Cleaners & Alterations 225.5600

Grill Master Basket Winner

Congratulations to Tim Doran with Deloitte on winning the grill master gift basket!



Chair Massages

Tuesday, August 9th

11 AM - 3 PM

Suite 1840

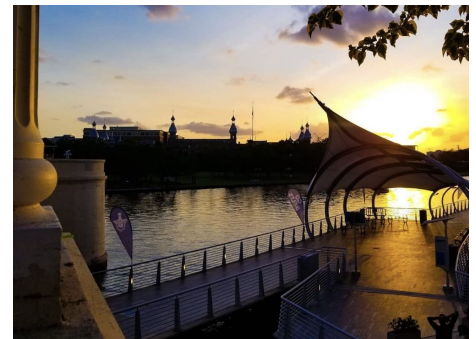
\$1 per minute

Contact Stacey at:

stacey@corporatemassagetampa.com
to reserve a time for your massage.

Run the Heights

Need to run off some of those mid-week scares? Every Tuesday at 7 PM, Run the Heights organizes a two- to five-mile run along the Tampa Riverwalk. The group meets at Woven Water Brewery and has a very diverse group of expertise from first-time runners to ultra marathoners. Upon completion of each run, the group meets for a cold one at Woven Water Brewery. Visit runclubtampa.com for more info.



Tampa Fringe Festival - July 27th - Aug. 7th

Enjoy performing arts of all genres from 20 different companies and 86 separate performances all at the Hillsborough Community College Ybor Performing Arts Building. All shows will be one hour or less and will feature theatre, burlesque, comedy, storytelling, opera, improvisation, kids' shows and more.



Tampa Bay Strength & Fitness Expo - Aug. 27th - 28th

The family-friendly event brings the health and fitness community together for an action-packed weekend at the Tampa Convention Center for both workout enthusiasts and beginners alike.

Bolts Brew Fest - Aug. 5th

Enjoy tastings from an array of more than 30 local, national and international breweries in Amalie Arena.



Disney Concerts Encanto Sing-Along - Aug. 6th

Visit the MIDFLORIDA Credit Union Amphitheatre to experience the *Encanto* sing-along featuring the entire film and an on-stage band celebrating all the record-breaking hit songs from the beloved soundtrack.





Copy That!

Copy paper - we all use it every day we are in the office. Even in the digital age, when everything can be viewed in such precision on a computer screen, sometimes it can be easier on the eyes, easier to make editing marks and easier to organize files when you have a physical copy in hand. We get it - printing papers isn't going entirely out of style anytime soon. But there are steps we can take to cut down on paper waste:

- Consider printing two-sided whenever possible to cut down on paper waste by up to 50%.
- Purchase copy paper that is made from recycled materials.
- Consider investing in paperless notebooks for your office.
- Use eco-friendly notebooks that are made of recycled paper.
- Think before printing meeting agendas and presentations. Unless being used for note-taking purposes, many people discard them upon conclusion of meetings or leave them behind for someone else to discard.
- Repurpose non-confidential copy paper that was printed one-sided by using the backside of the paper for jotting down quick notes instead of reaching straight for the sticky notes.
- Adjust the margins and line spacing whenever possible to take up fewer pages.
- Recycle used paper whenever possible.

Back to School

When you have kids, sometimes the summers seem to go by so fast, even in Florida! Here are a few events and initiatives happening in the Tampa Bay area in August to ensure that your kids are back-to-school ready.

- Back-To-School Bash at Raymond James Stadium with Titus O'Neil will take place on August 6th beginning at 9 AM. The event will feature free backpacks filled with school supplies; free haircuts; and free medical, dental and vision services.
- Hillsborough County's sales tax holiday on certain clothing, shoes, school supplies, computers and computer accessories will take place until August 7th.
- Aayr'Reka's Angels Back to School Bash will provide free haircuts and braiding, health testing and screenings, school supplies and a blood drive on August 6th beginning at 12 PM.
- Various health clinics throughout Hillsborough County will be offering free immunizations, physicals and COVID vaccines. Visit back2schoolhealthclinic.org to register.
- Back to School Pub Crawl will feature a costume contest, raffle, school supply drive and pep rally beginning at 5 PM on August 13th at James Joyce Irish Pub for adults only.



Wit & Wisdom

"There wouldn't be a sky full of stars if we were all meant to wish on the same one."

—Frances Clark

"Looking up at the stars only proves you admire them, but shining your light proves you are like them."

—Matshona Dhliwayo

"Happiness is always there. You just have to choose to see it. There's no point dwelling in the dark and ignoring the light of the stars."

—Carrie Hope Fletcher

"As, in truth, stargazing will prove to all who undertake it, not as a mere watching of twinkling pinpoints, but as a means of gaining a clearer understanding of the world wherein we live."

—H. Addington Bruce

"A book, too, can be a star, a living fire to lighten the darkness, leading out into the expanding universe."

—Madeleine L'Engle

"When you reach for the stars, you are reaching for the farthest thing out there. When you reach deep into yourself, it is the same thing, but in the opposite direction. If you reach in both directions, you will have spanned the universe."

—Vera Nazarian

"There's as many atoms in a single molecule of your DNA as there are stars in the typical galaxy. We are, each of us, a little universe."

—Neil deGrasse Tyson

"Life is just a collection of memories. And memories are like starlight: They go on forever."

—C.W. McCall

August 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Joe Lombardo Piano	2	3	4	5 Boris Lebedinsky Classical Guitar	6
7	8 Cynthia Creel Piano	9 *Chair Massages* *Andrei Cheine Piano*	10	11	12 Ken Haelsig Piano	13
14	15 Boris Lebedinsky Classical Guitar	16 Oneblood - Blood Drive Jackson Street 10 AM - 3 PM	17 Basket Drawing Begins	18	19 Lorna Anderson Piano	20
21	22 Ken Haelsig Piano	23 Cynthia Creel Piano	24 Basket Drawing Ends	25 Tom Dixon Classical Guitar	26 Andrei Cheine Piano	27
28	29 Lorna Anderson Piano	30	31	<i>August</i>		

"This Month In History" AUGUST

1907: UPS is founded as a messenger service by two teenagers in Seattle. It's now one of the world's largest package delivery companies.

1913: Stainless steel is invented by Harry Brearley of England.

1946: The first U.S. coin honoring an African American is authorized for minting. A commemorative half dollar was designed to pay tribute to educator Booker T. Washington.

1959: President Dwight D. Eisenhower signs an official proclamation admitting Hawaii as the 50th U.S. state.

1969: Half a million people gather at a farm in upstate New York for the Woodstock music festival. The landmark three-day event featured more than 30 artists and bands.

1990: MLB history is made when Ken Griffey Sr. and Ken Griffey Jr. become the first father and son to play on the same team, the Seattle Mariners.

2005: Hurricane Katrina forms in the Atlantic and makes landfall along the Gulf Coast, devastating the region.

2020: The music video of the hit song "Dynamite," by Korean boy band BTS, sets a record on YouTube as the first video with over 100 million views in its first 24 hours.