



TAMPA CITY CENTER

201 North Franklin Street • Tampa, FL 33602

March 2023

PROPERTY MANAGEMENT

(813) 223-5008, Suite 1890
All emails: first name.last name@cushwake.com

Natalie Stoughton, General Manager
Deborah Scott, Property Manager
Patrick Verst, Property Administrator
Seymour Phillips, Chief Engineer
Joshua Coghill, Asst. Chief Engineer
Robert Shim, Engineer
Rob Ruiz, Operating Engineer
Bron Woods, Operating Engineer
Ken Adams, Maintenance Tech
Ricky Vega, Maintenance Tech

LEASING TEAM

(813) 223-6300, Suite 3300
Barry Oaks
Mercedes Angell

J R LEGACY DESIGNS

Welcome J R Legacy Designs, LLC

Providing custom kitchens, bathrooms, dressing rooms, furniture, and lighting, J R Legacy Designs, LLC is a high-end international interior design firm which has been in business for over 30 years. The firm has the ability to execute complete renovation projects with innovative architectural drawings as well as 3D visual renderings to help facilitate the project from inception to execution. Welcome to Tampa City Center, J R Legacy Designs, LLC!



Lucky Pot O' Gold

Enter for your chance to win our Lucky Pot O' Gold Gift Basket from March 8th through March 15th at the second-floor security desk.

Zumba Classes

The YMCA is bringing Zumba classes back to Tampa City Center on Tuesdays and Thursdays in March from 5:30 PM - 6:15 PM in the esplanade. The cost is \$10 per class or \$35 for the month. A QR code will be provided, once created, to register.



Posies Flower Truck

March 9th
12 PM - 3 PM
Esplanade

Corporate Massage

Tuesday, March 21st
11 AM - 3 PM
NEW LOCATION: Suite 2100

Daylight Saving Time

Daylight saving time begins on Sunday, March 12th. Don't forget to spring those clocks forward an hour.

BANYAN STREET
CAPITAL



Tenant Anniversary

Burr Forman 31 Years
HOK 29 Years
NorthMarq Capital 29 Years
GMC 2 Years
Kimley-Horn 1 Year
Apex Marketing 1 Year



Tampa City Center Happenings

Zumba in Esplanade Tues & Thurs
International Women's Day ... March 8
Basket Drawing Begins March 8
Posies Flower Truck March 9
Basket Drawing Ends March 15
Corporate Massage March 21



Building Amenities

Concierge Services

- Movie-Ticket Sales
- Notary Services (Security)
- USPS Stamp Sales
- Umbrella Checkout

Dining (all 813 area code)

- Blind Tiger, 202.540.2233
- OnARoll Sushi, 101-C, 400.1100
- Starbucks, Hilton Hotel across pedestrian bridge on 2
- 211 Restaurant & Lounge, Hilton

Other Services

- Building Conference Rooms in Ste. 225
- Unlock Tampa Bay Store, Lobby
- Florida Wellness Medical Group, 101-A, 229.2225
- Smile Design Dental, 101-E, 225.1204
- University Club, 38th FL, 223.3737
- Tampa Legal Copies, 228.6200
- Shoe Repair, Reina Shoe Repair, 228.8487
- YMCA (10% discount)
- Franklin Street Cleaners & Alterations, 225.5600



January Get Healthy Gift Basket

Congratulations to Sarah Springer with Morgan & Morgan on winning January's Get Healthy Gift Basket!

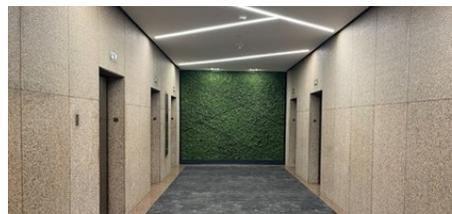
A Bead-Free Bay

Thank you for helping to keep Tampa's waterways and landfills clear of beads this Gasparilla season. These beads were donated to the MacDonald Training Center to be untangled, grouped and repackaged.



Elevator Modernization

Elevator modernization efforts are underway, and we can't wait for you to get to enjoy the new appearance and enhanced efficiency of the elevators upon the construction's completion.



Bicycle Storage

Interested in riding your bicycle to work? Tampa City Center offers daytime bike storage in a secured space near the loading dock. Please contact the property management office at 813-223-5008 to ensure that your Datawatch access card is programmed to obtain access.

Love Is Sweet Cake-Sicles

It was so sweet seeing so many of your faces at our Valentine's Love is Sweet Cake-Sicle event!



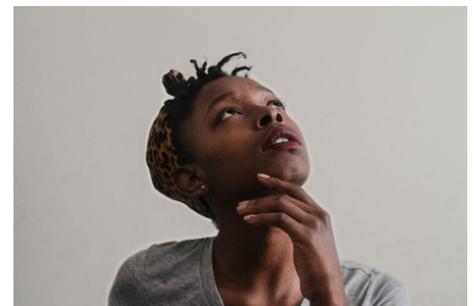
E-waste Recycling

Tampa City Center makes it easy for your company to recycle e-waste.

- Place all e-waste outside of the freight elevator
- Submit a work order with your floor number requesting to have the e-waste removed
- Contact the property management office at 813-223-5008 if you have questions

International Women's Day

Inspired by the universal female suffrage movement of the early 1900s, March 8th is International Women's Day. This special day focuses on the global initiative to create a world that is free of bias, stereotypes and discrimination. It strives to create a world that is diverse, equitable and inclusive, where difference is valued and celebrated.





Don't Toss That Banana Peel

Composting is a fun and easy way to turn food scraps into a compost that can be used to enrich soil for growing fruits and vegetables. Through composting, we as a community can also reduce waste and carbon emissions from food waste going into the landfill. To get started, consider placing a small bin or bowl near your kitchen that is designated for vegetable waste, fruit peelings, egg shells, coffee grounds and dryer lint. And after a week of building up the scraps, put it into a pile outside your home and let the soil get rich with nutrients that make for excellent conditions for gardening. Another outlet for composting is Suncoast Compost, which strives to educate and empower people to put their food waste to use. For \$45 per month per household, Suncoast Compost will pick up your compost from your home every week. Alternatively, for \$20 per month per household, you can deliver your food scraps to one of their partner location in Tampa or St. Petersburg.



Florida Strawberry Festival

Each Spring, the Florida Strawberry Festival welcomes visitors to enjoy exhibits of agriculture, livestock, fine arts, and festive rides. The festival takes place March 2 - March 12 at 303 BerryFest Place, Plant City, FL. Admission is \$8 for adults and \$5 for children ages 6 - 12.



Roar Through Ybor 2023

The 2023 Roar Through Ybor is an annual 5k race and one-mile fun run event that supports organ, eye and tissue recovery to benefit individuals in need of life-saving and transplantation therapy. This run begins at Centennial Park, 1800 East 8th Avenue on March 31st.



Festival of Tall Ships

A flotilla of a half-dozen tall ships, including a replica of the Santa Maria, will sail into the St. Petersburg waterfront March 30th - April 2nd. This will be the first time in 20 years since the last time Tall Ships America has brought its annual tour of tall ships to St. Petersburg.

Wit & Wisdom

“Magic carpets do exist, but they are called library cards.”

—Firoozeh Dumas

“A dream doesn't become reality through magic; it takes sweat, determination and hard work.”

—Colin Powell

“There are two magic words to get what you want: please and Grandma.”

—Jeff Keane

“There's just some magic in truth and honesty and openness.”

—Frank Ocean

“If you see the magic in a fairy tale, you can face the future.”

—Danielle Steel

“Real magic in relationships means an absence of judgment of others.”

—Wayne Dyer

“So why not live with the magic? Be a kid again and believe in the fantastical. Life is more fun with a little smoke and mirrors.”

—L.H. Cosway

“Magic will find those with pure hearts, even when all seems lost.”

—Morgan Rhodes

“There's a bit of magic in everything and then some loss to even things out.”

—Lou Reed & Mike Rathke

“Magic is believing in yourself. If you can do that, you can make anything happen.”

—Johann Wolfgang von Goethe

“Genius is another word for magic, and the whole point of magic is that it is inexplicable.”

—Margot Fonteyn

March 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<i>March</i>			1	2 Strawberry Festival Begins in Plant City	3	4
5	6 	7 Zumba - Esplanade 5:30 PM - 6:15 PM	8 *Basket Drawing Begins *International Women's Day	9 *Posies Flower Truck 12 PM - 3 PM *Zumba - Esplanade 5:30 PM - 6:15 PM	10	11
12	13	14 Zumba - Esplanade 5:30 PM - 6:15 PM	15 Basket Drawing Ends	16 Zumba - Esplanade 5:30 PM - 6:15 PM	17 	18
19	20 	21 *Chair Massages 11 AM - 3 PM Suite 2100 *Zumba - Esplanade 5:30 PM - 6:15 PM	22	23 Zumba - Esplanade 5:30 PM - 6:15 PM	24	25
26	27	28 Zumba - Esplanade 5:30 PM - 6:15 PM	29	30 Zumba - Esplanade 5:30 PM - 6:15 PM	31 Roar Through Ybor Centennial Park 7 PM - 9 PM	

"This Month In History" MARCH

1918: Daylight saving time is enacted nationwide and time zones are set when the Standard Time Act is signed into law.

1941: The pioneering squadron of African American military aviators known as the Tuskegee Army Airmen is activated for service in World War II.

1962: In a historic NBA game, Wilt Chamberlain of the Philadelphia Warriors scores 100 points playing against the New York Knicks. It's still the record for most points scored in a single game.

1974: People magazine debuts. The popular celebrity news publication's first issue featured actress Mia Farrow on its cover.

1987: To recognize and honor the achievements of American women, Congress declares March as National Women's History Month. The observance began in 1980 as a weeklong celebration.

2006: Using an early version of Twitter, the world's first tweet is posted. The social networking platform went live to the public later that summer.

2020: The World Health Organization declares the outbreak of the COVID-19 virus a global pandemic.