



201 North Franklin Street • Tampa, FL 33602

## July 2022

### PROPERTY MANAGEMENT

(813) 223-5008, Suite 1890  
All emails: first name.last  
name@cushwake.com

Natalie Stoughton, Sr. Property Mgr.  
Deborah Scott, Property Manager  
Patrick Verst, Property Administrator  
Seymour Phillips, Chief Engineer  
Robert Shim, Engineer  
Joshua Coghill, Engineer  
Rob Ruiz, Operating Engineer  
Ken Adams, Maintenance Tech  
Ricky Vega, Maintenance Tech

### LEASING TEAM

(813) 223-6300, Suite 3300  
Barry Oaks  
Mercedes Angell

### Welcome, LBA Logistics!

LBA Logistics is a full service industrial real estate investment and management company with a diverse portfolio located in major industrial markets throughout the country. Welcome, suite 1675!



## LBA Logistics

### Keep Calm & Picnic on

Don't miss out on your chance to enter this month's picnic gift basket. Entries will be accepted from July 13th until July 20th.



### Congratulations, Gerald Michaels

We are happy to congratulate Chief Engineer Gerald Michaels on his recent promotion to Chief Engineer at MetWest International in Westshore.

Gerald joined Tampa City Center as an Engineer in 2016. During his tenure, Gerald rose through the ranks to Assistant Chief Engineer with his hard work and dedication to both his team and our tenants. It's always sad to say goodbye to a team member, but we are thrilled for the new opportunities that await you in your new role, Gerald!



BANYAN STREET  
CAPITAL



### Tenant Anniversary

On-A-Roll Sushi ..... 10 Yrs



### Tampa City Center Happenings

Basket Drawing begins ..... July 13  
Chair Massages ..... July 14  
OnSpot Dermatology ..... July 19  
Basket Drawing ends ..... July 20





### Building Amenities

#### Concierge Services

- Movie-Ticket Sales
- Notary Services (Security)
- USPS-Stamp Sales
- Umbrella Checkout

#### Dining (all 813 area code)

- OnARoll Sushi, 101-C, 400.1100
- Starbucks, Hilton Hotel across pedestrian bridge on 2
- 211 Restaurant & Lounge, Hilton

#### Other Services

- Building Conference Rooms in Ste. 225
- Unlock Tampa Bay Store, Lobby
- Florida Wellness Medical Group, 101-A, 229.2225
- Smile Design Dental, 101-E, 225.1204
- University Club, 38th FL, 223.3737
- Tampa Legal Copies, 228.6200
- Shoe Repair, Reina Shoe Repair, 228.8487
- Auto Detailing - 226.0654
- YMCA (10% discount)
- Franklin Street Cleaners & Alterations 225.5600



### Commemorating Sweet Memories

Thank you to everyone who joined us for our annual ice cream social in June!

### Boom by the Bay

Celebrate 4th of July with live entertainment, a boat parade, kids games, food trucks and fireworks at the following locations:

- Bayshore Boulevard
- Sparkman Wharf
- Curtis Hixon Park
- Water Works Park
- Armature Works
- Tampa Riverwalk



### Chair Massages

Who couldn't go for a nice, relaxing massage during the workday? Chair massages return to Tampa City Center:

Suite 1840  
Thursday, July 14th  
11 AM until 3 PM  
\$1 per minute.

Contact Stacey at:  
stacey@corporatemassagetampa.com to reserve a time for your massage.



### Mother's Day Basket Winner

Congratulations to Tiffany Arnette of HNTB on winning May's Mother's Day gift basket!

### OnSpot Dermatology

Tuesday, July 19  
9am-1pm  
Jackson Street





### Trash Talk

Every year, Americans throw away approximately 38 billion plastic water bottles, or about \$1 billion worth of plastic. That's a lot of unnecessary trash going to the landfill that takes hundreds of years to decompose. So here are some tips your company and your family can take to help eliminate some unnecessary plastic waste from going to the landfill:

- If you're frequently on the go, buy a reusable water bottle or travel mug.
- Consider investing in a reverse osmosis water filtration system for your home.
- If you're in the office, buy a water cooler and use reusable cups or drinking glasses.
- If you need to use single-use water bottles, consider buying a case of boxed water to always have at the ready, as wax-coated cardboard only takes about five years to decompose, and it's easier to recycle!
- If all else fails and you find yourself in a situation where a plastic bottle of water is your only option, be sure to recycle it when you're finished.
- Keep a reusable straw in your car for ease of use when frequenting restaurants.
- If prompted at take-out whether you need eating utensils, kindly decline and use the utensils you already have at home.
- Keep reusable shopping bags in your vehicle at all times!



### Star Spangled Sparkman - July 4th

Experience a water ski show, live music and food & drinks beginning at Sparkman Wharf at 11 AM.

### Boom on Bayshore - July 4th

Check out Tampa's biggest fireworks display, featuring food trucks and live entertainment beginning at 7 PM along Bayshore Blvd.

### Boat Parade - July 4th

Tampa's boat parade will take place from 6pm to 7:15pm. The small boat parade will take place along the Riverwalk, and the large boat route will take place near Sparkman Wharf and Seddon Channel.

### Rock the Park - July 7th

Rock the Park Tampa takes place on the first Thursday of each month. Visit Curtis Hixon Waterfront Park on July 7th at 6:30 PM for live performances and authentic Jamaican cuisine.

### SharkCon - July 16th & 17th

Visit the Florida State Fairgrounds from 9 AM to 5 PM for fun activities for the family; guest speakers from Shark Week, National Geographic and Animal Planet; indoor scuba diving; and over one hundred vendors of merchandise.

### Art After Dark - July 27th

Visit 81Bay Brewing Company at 6 PM for their inaugural launch, featuring local artists, a taproom, and live music.

### Wit & Wisdom

"When the weather is hot, keep a cool mind."

—Ajahn Brahm

"I find peace where the sun-kissed leaves dance in the melody of the cool breeze that floats through the air."

—Saim Cheeda

"Summer is a great time to visit art museums, which offer the refreshing rinse of swimming pools—only instead of cool water, you immerse yourself in art."

—Jerry Saltz

"All my life I've always come back to one thing, my need to feel free and the need to feel the breeze."

—Jess "Chief" Brynjulson

"If you tiptoe into cold water, you're missing out on the rush of plunging in headfirst."

—Simone Elkeles

"What you really want for yourself is always trying to break through, just as a cooling breeze flows through an open window on a hot day. Your part is to open the windows of your mind."

—Vernon Howard

"Iced tea is too pure and natural a creation not to have been invented as soon as tea, ice and hot weather crossed paths."

—John Egerton

"Like a welcome summer rain, humor may suddenly cleanse and cool the earth, the air, and you."

—Langston Hughes

"Keep cool, my babies."

—Conan O'Brien

## July 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h1>JULY</h1>					1 Boris Lebedinsky Classical Guitar	2
3	4 Independence Day	5	6	7	8 Ken Haelsing Piano	9
10	11 Cynthia Creel Piano	12 Andrei Cheine Piano	13 Basket Drawing Begins	14 Chair Massages Suite 1840 11 AM - 3 PM	15 Lorna Anderson Piano	16
17	18 Boris Lebedinsky Classical Guitar	19 OnSpot Dermatology Jackson Street 9 AM - 1 PM	20 Basket Drawing Ends	21	22 Andrei Cheine Piano	23
24/31	25 Ken Haelsing Piano	26 Cynthia Creel Piano	27	28 Tom Dixon Classical Guitar	29 Joe Lombardo Piano	30

# "This Month In History"

## JULY

**1790:** The District of Columbia is established as the seat of the U.S. government.

**1933:** American aviator Wiley Post completes the first solo flight around the world in seven days and 18 hours.

**1935:** British publishing house Penguin Books releases the first paperbacks, making high-quality literature more affordable and available to the general public.

**1955:** "The Lawrence Welk Show" premieres on national TV. The bandleader and accordionist hosted a

variety of talented singers and dancers for nearly 30 years.

**1971:** Koko the gorilla is born at the San Francisco Zoo. Taught sign language at age 1, she gained a vocabulary of 1,000 signs during her lifetime.

**1997:** At age 16, Martina Hingis of Switzerland becomes the youngest Wimbledon singles champion in 110 years.

**2008:** NASA's Phoenix Mars Lander spacecraft confirms the presence of frozen water in the soil of the red planet.

**2018:** Cardi B is the first female rapper to score two No. 1 hits on Billboard's Hot 100 singles chart.

**2020:** NFL quarterback Patrick Mahomes of the Kansas City Chiefs signs the largest contract for an athlete in sports history. The 12-year deal totaled over \$500 million.