

Tampa City Center Newsletter

201 North Franklin Street • Tampa, FL 33602

www.TampaCityCenter.com

June 2019

PROPERTY MANAGEMENT

(813) 223-5008, Suite 1890

All emails: first.name.last
name@cushwake.com

Natalie Stoughton, Sr. Property Mgr
Deborah Scott, Property Manager
Abby Phillips, Property Administrator
Kevin Norton, Chief Engineer
Seymour Phillips, Asst. Chief Eng.
Charles Hudnall, Lead Engineer
Robert Shim, Engineer
Chris Rogers, Engineer
Gerald Michaels, Engineer
Ken Adams, Maintenance Tech

LEASING TEAM

(813) 223-6300, Suite 3300

Mercedes Angell
Barry Oaks
Lauren Coup



Chair Massages - Your Wish Is Our Command!

June 25th

Suite 1840 - 10:30am-3:30pm

For appointments/more info email:
stacey@corporatemassagetampa.com



Tampa Bay Mobile Mammography Bus

The Tampa Bay Mobile Mammography Bus will be on-site Monday, June 17th from 8:00am-4:00pm. Appointments are still available and can be scheduled online at: <https://tampabaymobilemammography.com/schedule-register>

Walk-ins are welcome. Bring completed paperwork for faster service. Please contact 813.601.1925 with any questions.

Blood Drive

Wed., June 26th, 10:00am-3:00pm
Bus Parked on Jackson St.

Tenant Ice Cream Social

Please join us for our annual Ice Cream Social Tenant Event on Wednesday, June 19th, from 1:30pm-3:00pm. The ever-popular Just Desserts brings us an assortment of Ice Cream Bars, including yogurt and 100% fruit options. Dip the bars in the toppings of your choice and enjoy! Look forward to seeing you there!

Earth Day Giveaway

Thank you to all who participated in our Earth Day Giveaway; you made the event a huge success.



Celebrating Dad Basket Drawing

Father's Day is Sunday, June 16th. Let's celebrate by giving him a gift basket with a collection of his favorites! Enter from June 6-13th at the Security Desk. To all Dads in the building... **Happy Father's Day!**

Tenant Anniversaries

Tampa Legal Copies 13 Years
Marshall & Stevens, Inc. 5 Years
Masonite 5 Years

What's Happening at TCC

Mon & Wed	Yoga 12:30pm
June 6th-13th	Basket Drawing Begins
June 17th	Mammography Bus
June 19th	Ice Cream Social
June 25th	Chair Massages
June 26th	Blood Drive





Building Amenities

Concierge Services

- Conference-Room Reservations
- Movie-Ticket Sales
- Notary Services
- USPS-Stamp Sales
- Umbrella Checkout

Dining (all 813 area code)

- Oasis Deli, 2nd FL, 223.3305
- Onaroll Sushi, 101-C, 400.1100
- Starbucks, Hilton Hotel across pedestrian bridge on 2
- 211 Restaurant & Lounge, Hilton

Other Services

- Building Conference Rooms in Suite 225 and Suite 2870
- Unlock Tampa Bay Store, Lobby
- Florida Wellness Medical Group, 101-A, 229.2225
- Smile Design Dental, 101-E, 225.1204
- University Club, 38th FL, 223.3737
- Tampa Legal Copies, 228.6200
- Shoe Repair, Reina Shoe Repair, 228.8487
- Auto Detailing - 226.0654
- YMCA (10% discount)



Clean Air Fair

Thank you to the Environmental Protection Commission of Hillsborough County for putting on the 18th annual Clean Air Fair and thank you to everyone that joined us to make it such a great success! We hope that you were able to enjoy the fair while learning about the sustainable resources available for you at work and home.



Fan Coil Unit Operation

Now that we are entering the height of the cooling season, we want to remind you, that you have some control of your office temperature, if you are in a perimeter office. You can help control your temperature by adjusting the fan coil units along the outer wall.

Follow these easy steps:

Make certain the Fan Speed Control is on. This is the knob on the left side of the control box. The medium setting usually works best. You can also adjust the fan speed to either high or low to increase air flow or to decrease air flow. Adjust the

Loading Dock Parking Lot Safety

Safety is number one here at the Tampa City Center. Please do not walk through the loading dock via the middle of the drive, behind vehicles or in front of the loading bay doors. We ask that all pedestrians utilize the sidewalks to get through the Loading Dock area. If you are accessing the building, please enter through the 1st floor entrances located in Poe Plaza or on Jackson St.

Mother's Day Boutique

Thank you for making the Mother's Day Boutique sale a success!



thermostat to the center most setting on the thermostat. This is the knob on the right side of the control box. The center most setting is generally good for most offices, however, turning the knob to the right increases cooling, and turning the knob to the left decreases cooling.

If after making these adjustments you do not feel comfortable, please either submit a work order or call the Management office, and someone will be up right away.

D-Day Remembrance

June 6th is D-Day, a special anniversary in countries to remember the Allied Forces' invasion of Normandy, France in the Second World War. Thank you to all who have served, past and present.



Hurricane Season

As Hurricane season is upon us, we wanted to remind everyone of the terms you will be hearing during Hurricane Season, June 1st through November 30th.

Tropical Storm Watch

A Tropical Storm Watch is issued when a tropical cyclone containing winds of 34 to 63 kt (39 to 73 mph) or higher poses a possible threat, generally within 48 hours. The watch does not mean that tropical storm conditions will occur. It only means that these conditions are *possible*.

Tropical Storm Warning

A Tropical Storm Warning is issued when sustained winds of 34 to 63 kt (39 to 73 mph) or higher associated with a tropical cyclone are expected in 36 hours or less. These winds may be accompanied by storm surge, coastal flooding, and/or river flooding.

Hurricane Watch

A Hurricane Watch is issued when a tropical cyclone containing winds of 64 kt (74 mph) or higher poses a possible threat, generally within 48 hours. These winds may be accompanied by storm surge, coastal flooding, and/or river flooding.

Hurricane Warning

A Hurricane Warning is issued when sustained winds of 64 kt (74 mph) or higher associated with a tropical cyclone are expected in 36 hours or less. A hurricane warning can remain in effect when dangerously high water or a combination of dangerously high water and exceptionally high waves continue, even though winds may be less than hurricane force.

On-Site E-Waste & Recycling

Do you have a worn office chair or computer monitor? Every month, our recycling vendor comes and takes all such items and recycles them for us. If you have items to be recycled, please contact Property Management and we will move everything to the recycling area.



Easy Ways to Save Gas

There are many ways to help save on your gasoline intake:

Check tire pressure. This simple tactic can save you more than 3 percent in gas use.

Get a regular tune-up. Having your car maintained in its best condition can save 4 percent.

Use the right motor oil. Be sure you're using the correct grade with a friction-reducing formula, and you'll save 2 percent.

Remove extra weight. Empty your trunk and clear off the roof rack. Save 2 percent.

Slow down. Drop your speed by 10 mph on the highway and save 15 percent on average.

For more tips, visit <http://BeyondOil.nrdc.org>.

Mayor's Food Truck Fiesta

Wednesday, June 5, 2019

11:00am-2:00pm

Lykes Gaslight Square Park
263 E. Madison St., Tampa

The Freecoasters Band

Friday, June 21 -

6:00pm-10:00pm

Sparkman Wharf

Wit & Wisdom

"There are no rules of architecture for a castle in the clouds."

—G.K. Chesterton

"How sweet to be a cloud,
floating in the blue!"

—A.A. Milne

"Not a breath of air stirred over the free and open prairie; the clouds were like light piles of cotton, and where the blue sky was visible, it wore a hazy and languid aspect."

—Francis Parkman

"Let's build us a happy little cloud that floats around the sky."

—Bob Ross

"Summer is the annual permission slip to be lazy. To do nothing and have it count for something. To lie in the grass and count the stars. To sit on a branch and study the clouds."

—Regina Brett

"You must not blame me if I do talk to the clouds."

—Henry David Thoreau

"Human minds are more full of mysteries than any written book and more changeable than the cloud shapes in the air."

—Louisa May Alcott

"The seasons do not push one another; neither do clouds race the wind across the sky. All things happen in their own good time."

—Dan Millman

"When you're a kid, you lay in the grass and watch the clouds going over, and you literally don't have a thought in your mind. It's purely meditation, and we lose that."

—Dick Van Dyke

June 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3 *Yoga 12:30pm Suite 1840 *Joe Lombardo Piano	4	5 Yoga 12:30pm Suite 1840	6 Basket Drawing Begins	7 Boris Lebedinsky Classical Guitar	8
9	10 *Yoga 12:30pm Suite 1840 *Cynthia Creel Piano	11 Andrei Cheine Piano	12 Yoga 12:30pm Suite 1840	13 Basket Drawing Ends	14 Ken Haelsing Piano	15
16	17 *Mammography Bus - Jackson Street *Yoga 12:30pm Suite 1840 *Boris Lebedinsky Classical Guitar	18 	19 *Ice Cream Social Lobby *Yoga 12:30pm Suite 1840	20	21 Lorna Anderson Piano	22
23/30	24 *Yoga 12:30pm Suite 1840 *Ken Haelsing Piano	25 *Chair Massages Suite 1840 *Cynthia Creel Piano	26 *Blood Drive Jackson Street *Yoga 12:30pm Suite 1840	27	28 Andrei Cheine Piano	29



LOCAL
events
explore | go | enjoy

June 2019

Through June 30
“Long Day’s Journey Into Night”
Raymond James Theatre
St. Petersburg
www.AmericanStage.org

June 5
Weird Al Yankovic
Ruth Eckerd Hall
Clearwater
www.RuthEckerdHall.com

June 11-16
“Rock of Ages”
Straz Center for the Performing Arts
www.StrazCenter.org

June 20-Oct. 6
“Tableau and Transformation”
Tampa Museum of Art
www.TampaMuseum.org

June 21
Rob Lowe
Straz Center for the Performing Arts
www.StrazCenter.org

June 28-30
Tampa Bay Rays vs.
Texas Rangers
Tropicana Field
St. Petersburg
www.MLB.com/rays

Events, dates and venues are subject to change.