



Tampa City Center Newsletter

201 North Franklin Street • Tampa, FL 33602
www.TampaCityCenter.com



May 2019

PROPERTY MANAGEMENT

(813) 223-5008, Suite 1890
All emails: first name.last
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Natalie Stoughton, Sr. Property Mgr
Deborah Scott, Property Manager
Abby Phillips, Property Administrator
Kevin Norton, Chief Engineer
Seymour Phillips, Asst. Chief Eng.
Charles Hudnall, Lead Engineer
Robert Shim, Engineer
Chris Rogers, Engineer
Gerald Michaels, Engineer
Ken Adams, Maintenance Tech

LEASING TEAM

(813) 223-6300, Suite 3300
Mercedes Angell
Barry Oaks
Lauren Coup



Fun in the Sun Basket

Enter to win the Fun in the Sun Basket May 15th-22nd at the Security Desk! This basket will be packed with goodies to help you welcome summer.



Tunnel to Towers Stair Climb May 18th

It's not too late to sign up for the 3rd annual "Tunnel to Towers Tower Climb - Tampa" on Saturday, May 18th at 9:00am here at Tampa City Center! There is an opening/closing ceremony with the National Guard. After the competition Jax from Season 14 of American Idol will be performing. There will also be an after party at Franklin Manor, 912 N. Franklin St.

All proceeds raised support our nations first responders and service members. Please visit t2tclimb.org to register or for more information email Tampa@Tunnel2Towers.org.

Driver's License Mobile Desk

May 21, 2019
9:00am to 3:00pm
In the Lobby

Clean Air Fair

The Environmental Protection Commission of Hillsborough County is celebrating its 52nd year of environmental protection by hosting the 18th Clean Air Fair on Thursday, May 2nd from 11:30am to 1:30pm in the Esplanade. It will include environmental exhibitors, refreshments, prize drawings, free tree saplings, live music and more.

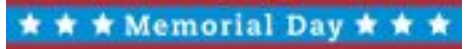
Mother's Day Boutique

Need a gift for Mother's Day? Stop by the 1st and 2nd floor lobby Friday, May 10th, 10:00am to 2:00pm to purchase a flowering plant from Tropex, or how about some jewelry, Bundt cakes or makeup!



Tenant Anniversaries

Rivero Gordimer 11 Yrs
Tampa Chamber of Commerce .. 9 Yrs
PNC Bank 6 Yrs
Robert W Baird 11 Yrs



What's Happening at TCC

Mon & Wed	Yoga 12:30pm
May 2nd	Clean Air Fair
May 10th	Mother's Day Boutique
May 15th - 22	Basket Drawing Begins
May 18th	Tower Stair Climb
May 21st	Mobile DMV



Building Amenities

Concierge Services

- Conference-Room Reservations
- Movie-Ticket Sales
- Notary Services
- USPS-Stamp Sales
- Umbrella Checkout

Dining (all 813 area code)

- Oasis Deli, 2nd FL, 223.3305
- Onaroll Sushi, 101-C, 400.1100
- Surf & Turf Deli, 101-F, 221.3354
- Starbucks, Hilton Hotel across pedestrian bridge on 2
- 211 Restaurant & Lounge, Hilton

Other Services

- Building Conference Rooms in Suite 225 and Suite 2870
- Unlock Tampa Bay Store, Lobby
- Florida Wellness Medical Group, 101-A, 229.2225
- Smile Design Dental, 101-E, 225.1204
- University Club, 38th FL, 223.3737
- Tampa Legal Copies, 228.6200
- Shoe Repair, Reina Shoe Repair, 228.8487
- Auto Detailing - 226.0654
- YMCA (10% discount)



Stamp Out Hunger

Stamp Out Hunger takes place Saturday, May 11th, when mail carriers collect donations from residents on their routes for local food banks. More than 1 billion pounds of food has been collected since the drive began in 1993. Here are some ways you can help:

- Leave nonperishable food donations out for your mail carrier on May 11, 2019. Use any plastic bag.
- Mail in a monetary donation to Attn: Stamp Out Hunger, 3801 Topping Avenue, Kansas City, MO 64129 or Attn: Stamp Out Hunger, P.O. Box 1757, Topeka, KS 66601-1757.

March Basket Winner

Congratulations to Sophia Razick with Stoler Russell, the winner of our Spring Renewal Basket.



Thank a Nurse

National Nurses Week, May 6–12, celebrates all those who “Inspire, Innovate and Influence” in their vital role as nurses.

- Donate online using the virtual food drive at: stampouthunger.harvestersvfd.org.

Salute America's Military

Memorial Day is an American holiday, observed on the last Monday of May, honoring the men and women who died while serving in the U.S. military. Originally known as Decoration Day, it originated in the years following the Civil War and became an official federal holiday in 1971. Many Americans observe Memorial Day by visiting cemeteries or memorials, holding family gatherings and participating in parades. Unofficially, it marks the beginning of the summer season.



Riverwalk Food & Art Festival

Water Works Park, Downtown Tampa
1710 North Highland Avenue - Tampa, FL
10:00am to 7:00pm
(813) 451-7936

This is going to be a great day in the park! Please Join Us!
More info at <https://bit.ly/2CrWPLr>
75-80 exhibitors - Sample unique specialty batch foods!

Quatro De May Street Festival

Tampa Firefighters Museum
720 East Zack Street - Tampa, FL
(813) 417-1190

Honoring Driver Engineer Matthew Bunch. Raising Funds to Support TFM & The Matthew T. Bunch Foundation. Features Live Music, Dodgeball, Beer and Wine Wristbands (\$20), Taste of Cinco de Mayo (Food Donations Accepted) 3:00pm-7:00pm.



5 Sustainable Living Choices

1. Rethinking Transportation

Getting a bike as a means of transportation is an effective way of sustaining the environment. Getting around can also be much easier on a bike, plus it is also a form of working out. Using a bike will help to reduce the number of cars on the road, which means it will reduce congestion and pollution of the environment.

2. Starting a Garden

There is a lot of energy required to grow and ship perishable foods, increasing the carbon footprint. It is simple to counter this by deciding to be your own supplier. A community garden is also an option if an individual is not able to start a personal garden. Furthermore, a garden will provide pollinators such as bees, ants, flower beetles, and butterflies with plants for pollination which helps to sustain the ecosystem and promote biodiversity.

3. Create an Energy Efficient Home

Making a home energy efficient is simple when one knows how to. Depending on the home, preference and budget, big system changes can be established that will effect how energy is consumed or even develop better ways of improving the existing energy savings. There are a lot of options from weather-stripping the doors, stopping drafts, and replacing air filters.

4. Skipping Single-Use Objects

Shopping bags, straws that come with food, disposable plates, and cigarette butts to name a few. All of these single use objects are loading

up the landfills. Be conscientious with your use of these items and try and phase them out. Using reusable shopping bags, carrying a metal straw, and using recycled or reusable plates are a few sustainable solutions.

5. Swapping out the Plastic Wraps.

Bee's wrap is an environment-friendly and super cute alternative made of jojoba oil and bees waxed-coated organic cotton muslin. This wrap is reasonably priced, reusable, can be washed, and can also decompose.



On-site Dining Services Spotlight

If you are looking to grab a quick bite, look no further than our three on-site restaurants!

- **Surf & Turf Café** - With a mission to create and serve tasty, unique food in a friendly, casual way. Surf & Turf Café aims for their customers to slow down, maybe forget about work deadlines for a few minutes and ENJOY...like a day at the beach. Don't forget to order online so your food is ready for pickup upon arrival! <http://surfandturftruck.com/menu/>
- **OnARoll Sushi & Thai** - OnARoll has something for every taste. With classic sushi, the Sushi Burrito which fuses together unique flavor profiles & Thai classics such as green curry you can find a variety of great lunch options. Don't forget to order online in order to maximize efficiency! <https://onarollsushiandthai.com/store/>
- **Oasis Café** - whether you need a hot breakfast, lunch, or a last minute sundry item - Oasis is your spot. Located in the second floor lobby, it couldn't be more convenient! Don't forget, Oasis recently added in-store seating.

Wit & Wisdom

"A flower cannot blossom without sunshine, and man cannot live without love."

—Max Muller

"Challenge yourself, grow, blossom, and become who you were meant to be."

—Carolyn Aronson

"When the flower blossoms, the bee will come."

—Srikumar Rao

"Any human anywhere will blossom in a hundred unexpected talents and capacities simply by being given the opportunity to do so."

—Doris Lessing

"I like to think of thoughts as living blossoms borne by the human tree."

—James Douglas

"A flower blossoms for its own joy."

—Oscar Wilde

"Roses do not bloom hurriedly; for beauty, like any masterpiece, takes time to blossom."

—Matshona Dhliwayo

"Blossom by blossom the spring begins."

—Algernon Charles Swinburne

"If you want love to blossom in your heart, just sit in the garden, and watch the flowers grow."

—Anthony T. Hincks

"And the day came when the risk to remain tight in a bud was more painful than the risk it took to blossom."

—Anais Nin

May 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 MAY 			1 Yoga 12:30pm Suite 1840	2 Clean Air Fair 11:30am-1:30pm Esplanade	3 Boris Lebedinsky Classical Guitar	4
5	6 *Yoga 12:30pm Suite 1840 *Joe Lombardo Piano	7	8 Yoga 12:30pm Suite 1840	9 	10 *Mother's Day Boutique 10:00am-2:00pm 1st & 2nd FL Lobby *Ken Haelsing Piano	11
12	13 *Yoga 12:30pm Suite 1840 *Cynthia Creel Piano	14 Andrei Cheine Piano	15 *Basket Drawing Begins *Yoga 12:30pm Suite 1840	16	17 Lorna Anderson Piano	18 Tunnel to Tower Stair Climb 9:00am
19	20 *Yoga 12:30pm Suite 1840 *Boris Lebedinsky Classical Guitar	21 Mobile DMV 1st Floor Lobby 9:00am-3:00pm	22 *Basket Drawing Ends *No Yoga Class	23	24 Andrei Cheine Piano	25
26 Memorial Day	27 No Yoga Class	28 Cynthia Creel Piano	29 *Yoga 12:30pm Suite 1840 *Ken Haelsing Piano	30	31	



LOCAL events

explore | go | enjoy

May 2019

Through May 12
**"Views of Antiquity:
 Shaping the Classical Ideal"**
 Museum of Fine Arts
 St. Petersburg
www.MFAStPete.org

May 6-8
**Tampa Bay Rays vs.
 Arizona Diamondbacks**
 Tropicana Field
 St. Petersburg
www.MLB.com/rays

May 7-12
"Anastasia"
 Straz Center for the Performing Arts
www.StrazCenter.org

May 12
Free Pops in the Park
 Julian B. Lane Riverfront Park
www.VisitTampaBay.com

May 17
Kristin Chenoweth
 Ruth Eckerd Hall
 Clearwater
www.RuthEckerdHall.com

May 28
Ariana Grande
 Amdlie Arena
www.AmdlieArena.com

Events, dates and venues are subject to change.