

April 2024

PROPERTY MANAGEMENT

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Gina Karnes, Senior Property Manager Erica Delaney, Sr. Assistant Property Manager

Joshua Coghill, Asst. Chief Engineer Robert Shim, Building Engineer Pat Campbell, Building Engineer Jaron Rigney, Building Engineer Ricky Vega, Maintenance Tech

LEASING TEAM

(813) 223-6300, Suite 3300 Barry Oaks Mercedes Angell



201 North Franklin Street • Tampa, FL 33602



HAPPY EARTH DAY

Earth Day is Monday, April 22nd. In an effort to help reduce the consumption of single-use plastics, Banyan Street Capital will be gifting tenants with a reusable and eco-friendly aluminum/bamboo combination "Sustainable Sips" water bottle on Thursday, April 25th, on the 2nd floor lobby (while supplies last).

Fight For Air Climb

FIGHT FOR AIR STAIR CLIMB

The American Lung Association's Fight For Air Climb is Saturday, April 6th, at 7:00 am at Bank of America Plaza. When you participate in a Fight For Air Climb event, you are stepping up to make a positive impact for those affected by lung disease. For more information and to register, please visit lung.org.



DERMATOLOGY MOBILE

Tampa City Center will host the Dermatology Mobile on Thursday, April 11th, from 8:00 am - 3:00 pm. To schedule an appointment, please go to onspotdermatology.com.



YOGA

Yoga and meditation is held every Thursday from 12:30 pm - 1:30 pm in Suite 350.



First Horizon	20 yrs
KCA	16 yrs
Wade Trim	. 6 vrs

oneblood

Share your power.

BLOOD DRIVE

The OneBlood Bloodmobile will be on Jackson Street on Tuesday, April 9th, from 10:00 am - 3:00 pm. Thank you for donating.



Building Amenities

Bicycle Locker Room
Chair Massage Therapy
Concierge Services
Downtown Backyard Market
First Horizon Bank
Florida Wellness Medical Group
Franklin Street Cleaners
Monthly Gift Basket Drawings
Reina Shoe Repair
Smile Design Dental
Tampa Legal Copies
Tenant Appreciation Events
Tenant Conference Center
Unlock Tampa Bay Gift Shop
YMCA

Yoga & Meditation Retail

OnARoll Sushi Santos Kitchen & Lounge Starbucks/Hilton Hotel The Blind Tiger Cafe University Club





MARCH GIFT BASKET WINNER

Congratulations to Sophie Smales with Deloitte, Suite 3600.



WINE AND FOOD FESTIVAL

The Tampa Bay Wine & Food Festival, one of the region's most anticipated culinary events, is April 9 -13 as a five-day extravaganza of unforgettable foodie events. For more information, visit localpalate.com.



Join Visit Tampa Bay and the Tampa Tarpons on Friday, April 5th, from 11:30 am - 1:30 pm on the Esplanade as we welcome the start of another exciting baseball season!



TASTE At The Straz is Saturday, April 27th, at 6:00 pm at the Straz Theatre. With Tampa Bay's best restaurants, craft breweries and live music for one all-inclusive price, TASTE at The Straz is a fun evening of eating and drinking with live entertainment. Expect delicious samplings from more than 40 restaurants, refreshing brews and libations from breweries and bars along with live music on four different stages well into the night. For more information, visit strazcenter.org.



DOWNTOWN'S BACKYARD MARKET

Join us at Downtown's Backyard Market at Tampa City Center's Esplanade on Thursday, April 11th, from 2:30 pm - 5:30 pm where urban meets rural, and experience the joy of bringing the farm to your city. Taste the freshness, savor the quality, and celebrate the vibrant spirit of our local food culture. The first 15 customers will receive a FREE tote bag.



FRIENDS OF THE EARTH

Earth Day is a reminder that protecting the environment begins with an appreciation for nature. As you step outside this spring to enjoy the warmer weather, pay attention to the signs of life around you—the new buds on trees and shrubs, birds singing in the sky, and the colorful wings of a butterfly in flight. Each is a sweet reminder of why Earth-friendly efforts such as recycling and water conservation are important.

GIRL SCOUT COOKIES EVENT





Roasted Cauliflower and Potato Spring Salad

Ingredients:

- 1 small head cauliflower, cut into florets
- 1 pound fingerling potatoes, quartered
- 3 tablespoons olive oil, divided
- 2 teaspoons Italian seasoning, divided
- · 1/2 teaspoon salt, divided
- 1 package (8 ounces) mixed salad greens
- · French salad dressing
- Blue cheese crumbles (optional)
- Croutons (optional)

Directions:

Heat oven to 425° F.

In a large bowl, toss cauliflower florets with 2 tablespoons olive oil. Sprinkle with 1 teaspoon Italian seasoning and 1/4 teaspoon salt; mix well. Arrange in a single layer on a sheet pan. Bake cauliflower 30 to 40 minutes, tossing once halfway through, until tender and lightly charred. Let cool.

In a separate bowl, toss potatoes with 1 tablespoon olive oil. Sprinkle with remaining Italian seasoning and salt; mix well. Arrange on sheet pan and bake for 20 minutes, until tender and lightly browned. Let cool.

Place salad greens in a large bowl and add cooled roasted vegetables. Drizzle with French dressing; add blue cheese crumbles and croutons, if desired. Mix well and serve.

Find more recipes at *FreshExpress.com*.



Wit & Wisdom

"So before long we can open the windows wide and let spring in, and we can go out to the park or sit on a hillside and let spring into us."

—Hal Borland

"I feel that it is healthier to look out at the world through a window than through a mirror. Otherwise, all you see is yourself and whatever is behind you."

—Bill Withers

"A smile is the light in your window that tells others that there is a caring, sharing person inside."

—Denis Waitley

"Falling asleep while the rain is clashing down on the window is nature's best lullaby."

—Kim Pape

"Look out of the window and you have a finer sight than any painter has ever placed on a piece of canvas."
—lain Pears

"If a window of opportunity appears, don't pull down the shade." —Tom Peters

"It's hard to look back at the past and feel some regret, but it's really exciting to look to the future and see a window of hope."

—Nadine Sadaka Boulos

"My favorite journey is looking out the window." —Edward Gorey

"Tomorrow morning, when the sun shines through your window, choose to make it a happy day." —Lynda Resnick Viewed: 07/30/24 09:55 AM

April 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Gift Basket Drawing Begins April Fools' Day	2	3	Yoga 12:30 - 1:30 PM Suite 350	Gift Basket Drawing Ends Tampa Tarpons 11:30 am - 1:30 pm Esplanade	Fight for Air Climb Bank of America Plaza
7	8	Blood Drive 10:00 am - 3:00 pm Tampa Bay Food & Wine Festival Begins	10	Dermatology 11 Mobile 8:00 am - 3:00 pm Franklin Street Yoga 12:30 - 1:30 PM Suite 350	12	13
14	15	16	17	Yoga 12:30 pm - 1:30 pm Suite 350	19	20
21	22	23	24	Earth Day 25 Tenant Event 11:30 am - 12:30 pm Yoga 12:30 - 1:30 PM Suite 350	26	27 TASTE at the Straz 6:00 pm - 10:00 pm
28	29	30		Ap	ril	

"This Month In History"

APRIL

1860: The first Pony Express rider leaves St. Joseph, Mo.

1908: Home to large sandstone pathways formed over time by flowing water, the Natural Bridges National Monument is established in southeast Utah.

1932: Dr. Charles Glen King, a chemistry professor at the University of Pittsburgh, isolates vitamin C from lemon juice. This breakthrough made it possible to accurately study the nutrient's properties and benefits in medicine.

1956: Daytime soap opera "As the World Turns" premieres on television. It was the first soap to have a half-hour runtime, rather than just 15 minutes.

1970: Almost 56 hours into a mission to the moon, Apollo 13 commander Jim Lovell reports to ground control, "Houston, we've had a problem." Days later, after a gripping rescue mission, millions around the world watched the spacecraft splash down safely in the Pacific Ocean.

1994: South Africa holds its first multiracial elections, with Nelson Mandela earning 62% of the popular vote to become the country's first Black president.

2010: Apple debuts its tablet computer, the iPad. Consumers purchased 300,000 units on the first day.

2021: A rare copy of "Action Comics #I," featuring the debut of Superman, sells for a record-breaking \$3.25 million.

