



# TAMPA CITY CENTER

201 North Franklin Street • Tampa, FL 33602

## July 2024

### PROPERTY MANAGEMENT

(813) 223-5008, Suite 1890

All emails: first initial and last name  
@banyanstreet.com

- Gina Karnes, Senior Property Manager
- Erica Delaney, Sr. Assistant Property Manager
- Albert Estrada - Chief Building Engineer
- Robert Shim, Building Engineer
- Jaron Rigney, Building Engineer
- Pat Campbell Sr., Building Engineer
- Patrick Campbell Jr., Maintenance Technician

### LEASING TEAM

(813) 223-6300, Suite 3300

- Barry Oaks
- Mercedes Angell
- Marissa Angell

**SUNDAES**  
*are for*  
**TUESDAYS!**

Grab your coworkers and join us at the bar...ice cream sundae bar, that is! Build-your-own sweet concoction, complete with creamy vanilla ice cream and delicious toppings from Tampa's premier Catering by the Family.

**TUESDAY, JULY 23**  
**1-2:30PM**  
**1ST FLOOR LOBBY**

TAMPA CITY CENTER

### TENANT ICE CREAM SOCIAL

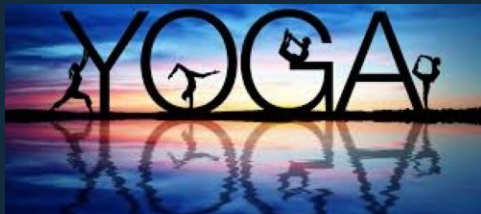
We all scream for ice Cream!  
Tampa City Center will have their annual Ice Cream Social on Tuesday, July 23rd, from 1:00 pm - 2:30 pm, in the 1st floor lobby. Meet and mingle with other tenants as you create your own Ice Cream Sundae at the Build-Your-Own-Sundae-Bar.

FRIENDS OF THE RIVER WALK

**JULY 4TH BOAT PARADE**

### JULY 4TH CELEBRATION

Celebrate with Friends of the Riverwalk on Thursday, July 4th, from from 4:00 pm to 9:30 pm with a Boat Parade, Water Ski Show, Blessing of the Fleet, and Fireworks as part of the Star-Spangled Banner festivities at Sparkman Wharf. The parade route will be similar to our holiday light boat parade but will include a Water Ski Show to kick off the celebration, a Poker Run and a Blessing Station. Boats will be decorated in red, white and blue, and compete for the most patriotic boat! Prize bags will be provided for all registered boaters. For more information, please go to [thetampariverwalk.com](http://thetampariverwalk.com).



Yoga & Meditation is every Thursday, from 12:30 pm - 1:30 pm, in Suite 350 (location subject to change).



### JULY 4TH HOLIDAY

The Management Office will be closed on Thursday, July 4th, in observance of Independence Day.



### HAPPY ANNIVERSARY

- Onaroll Sushi ..... 12 yrs
- Ernst & Young ..... 10 yrs
- Oglethorpe ..... 3 yrs
- AnyDesk ..... 2 yrs

FOLLOW US ON INSTAGRAM



**Building Amenities**

- Bicycle Locker Room
- Chair Massage Therapy
- Concierge Services
- Downtown Backyard Market
- First Horizon Bank
- Florida Wellness Medical Group
- Franklin Street Cleaners
- Monthly Gift Basket Drawings
- Reina Shoe Repair
- Smile Design Dental
- Tampa Legal Copies
- Tenant Appreciation Events
- Tenant Conference Center
- Unlock Tampa Bay Gift Shop
- YMCA
- Yoga & Meditation

**Retail**

- OnARoll Sushi
- Santos Kitchen & Lounge
- Starbucks/Hilton Hotel
- The Blind Tiger Cafe
- University Club



**JUNE GIFT BASKET WINNER**  
 Congratulations to Pamela Heller with Sponsler, Suite 3400. She was the winner of the Summer Beats gift basket.



**BACKPACKS OF HOPE**  
 Tampa City Center will have a Backpacks of Hope School Supply Drive from July 8 - 22, in the 2nd floor lobby. Thank you for your generosity.



**DASH TAMPA**  
 Have you heard about DASH Tampa? DASH (Downtown Area Shared Hubs) is a hub to hub transit service. Rides are requested through an app and cost \$2 per person. Download the app on your Apple or Android device and DASH to your destination! The bright yellow Tesla vehicles are also 100% electric and hailed through the app. Please go to [tampasdowntown.com](http://tampasdowntown.com) for more information.



**SHOP LOCAL**  
 Shop, Eat, and Drink Local Market. Give back to the local community by shopping local! Stop by the Unlock Tampa Bay Visitors Center on Wednesday, July 17th, from 4:30 pm - 6:30 pm, to support minority-owned businesses and food & beverage partners. This event will be held in conjunction with the Destinations International 2024 conference. All conference attendees, Visit Tampa Bay partners, and the general public are invited to participate. Join us!





### DEAL OF THE MONTH

Did you know that most recycling centers will not accept your old videotapes, CDs or DVDs? Yet, if you toss them in the garbage, they can take up to 450 years to decompose in a landfill. Instead, donate these items to ACT (Alternative Community Training), a nonprofit agency that employs people with disabilities. The organization's staff erases data from videotapes, computer disks, CDs, DVDs and similar products and sells them at a much lower cost than you will find in your local computer store. They also sell recycled CD and DVD cases. ACT 100 percent guarantees its products. When you purchase from ACT, you provide adults with disabilities a sense of pride and self-worth, while being environmentally conscious. Details: [www.ActRecycling.org](http://www.ActRecycling.org).



### METROCON

Florida's largest anime convention, METROCON, will be at the Tampa Convention Center July 5-7. This event boasts a number of exciting stage shows, unique vendors, exciting panelists, and interactive events throughout the weekend, including the world famous Anime Human Chess Match, where characters from your favorite anime and video games will battle it out for the fate of the world! For event details visit [www.metroconventions.com](http://www.metroconventions.com).



## What's Cooking

### Cajun Salmon Burgers With Lime Mayo

#### Ingredients:

- 1/2 cup mayonnaise, divided
- 1/2 teaspoon lime zest
- 1/2 teaspoon lime juice
- 3 pouches (5 ounces each) boneless, skinless salmon, drained
- 1 egg, beaten
- 1/3 cup panko breadcrumbs
- 1/4 cup finely chopped green onion
- 1/4 cup finely chopped red bell pepper
- 2 teaspoons Cajun seasoning
- 1 tablespoon oil
- 4 hamburger rolls

#### Directions:

Mix 1/4 cup mayonnaise, lime zest and lime juice in a small bowl until well blended. Cover and refrigerate until ready to serve.

For the burgers, mix salmon, egg, breadcrumbs, 1/4 cup mayonnaise, green onion, bell pepper and seasoning in a large bowl until well blended. Shape into four patties.

Heat oil in a large nonstick skillet on medium heat. Add salmon patties; cook 5 minutes per side or until lightly browned and cooked through.

Serve salmon burgers on rolls with lime mayo and desired toppings.

*Find more recipes at*  
[www.McCormick.com](http://www.McCormick.com).



### Wit & Wisdom

"The best way to victory is to play well."

—Quique Setién

"Victory is won not in miles but in inches. Win a little now, hold your ground, and later, win a little more."

—Louis L'Amour

"There's no reward without work, no victory without effort, no battle won without risk."

—Nora Roberts

"The ultimate victory in competition is derived from the inner satisfaction of knowing that you have done your best and that you have gotten the most out of what you had to give."

—Howard Cosell

"Even the smallest victory is never to be taken for granted. Each victory must be applauded."

—Audre Lorde

"I think the mental victory is worth it as much as a gold medal."

—Cameron van der Burgh

"There is a kind of victory in good work, no matter how humble."

—Jack Kemp

"Tomorrow's victory is today's practice."

—Chris Bradford

"The moment of victory is much too short to live for that and nothing else."

—Martina Navratilova

"When you fall, feel the pain. And then stand up. You were born for victory. And failure has no place in your world."

—Robin Sharma

# July 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4 	5	6 Metrocon Convention Center
7 Metrocon Convention Center	8 Backpacks of Hope School Supply Drive Begins 2nd Floor Lobby	9	10	11 Yoga 12:30 pm - 1:30 pm Suite 350 Downtown's Backyard Market 2:30 pm - 5:30 pm Esplanade	12	13
14	15	16	17 Shop, Eat and Drink Local Market 4:30 pm - 6:30 pm Tampa Bay Visitors Center	18 Yoga 12:30 pm - 1:30 pm Suite 350	19	20
21	22 Backpacks of Hope School Supply Drive Ends 2nd Floor Lobby	23 Tenant Ice Cream Social 1:00 pm - 2:30 pm 1st Floor Lobby	24	25 Yoga 12:30 pm - 1:30 pm Suite 350	26	27
28	29	30	31			

## "This Month In History" JULY

**1903:** Cyclists compete in the first Tour de France. Maurice Garin was the first to cross the finish line in Paris.

**1914:** A dance craze begins after the fox trot is performed at a club in New York City.

**1926:** Showing a fish swimming in the Florida Keys, the first underwater color photo is taken by a National Geographic magazine photographer.

**1937:** Cheap, filling and needing no refrigeration, the canned meat product Spam is introduced.

**1946:** The bikini swimsuit debuts at a fashion show in Paris.

**1958:** President Dwight D. Eisenhower signs the Alaska Statehood Act, allowing the territory to become the 49th state.

**1960:** Harper Lee's "To Kill a Mockingbird" is published and quickly becomes a bestseller. The novel was awarded the Pulitzer Prize a year later.

**1988:** Sprinter Florence Griffith Joyner, nicknamed Flo-Jo, sets the world record for the women's 100-meter. Her record of 10.49 seconds still stands today.

**2002:** Major League Baseball's All-Star Game ends in a 7-7 tie after 11 innings because both teams run out of pitchers.

**2018:** In an effort to reduce environmental pollution, Starbucks announces it will stop providing disposable plastic straws in its stores by 2020.