



201 North Franklin Street • Tampa, FL 33602

September 2022

PROPERTY MANAGEMENT

(813) 223-5008, Suite 1890
All emails: first name.last
name@cushwake.com

Natalie Stoughton, General Manager
Deborah Scott, Property Manager
Patrick Verst, Property Administrator
Seymour Phillips, Chief Engineer
Joshua Coghill, Asst. Chief Engineer
Robert Shim, Engineer
Rob Ruiz, Operating Engineer
Bron Woods, Operating Engineer
Ken Adams, Maintenance Tech
Ricky Vega, Maintenance Tech

LEASING TEAM

(813) 223-6300, Suite 3300
Barry Oaks
Mercedes Angell

Welcome, AnyDesk!

AnyDesk is a tech firm - headquartered in Stuttgart, Germany - that specializes in high-speed, top-secure remote desktop software for both corporations and personal users across the entire globe. Welcome, to Tampa City Center, AnyDesk!

Welcome, Ricky Vega!

We are excited to welcome Ricky Vega as the newest member of the Tampa City Center team. Ricky and his family recently relocated from New York City. Ricky is looking forward to learning more about TCC and serving the best part - our tenants! Welcome, Ricky!



Fall Gift Basket

Football is here, kids are back to school and cooler evenings -- fall is in the air. Enter for your chance to win from September 19th until September 23rd.



OnSpot Dermatology

Tuesday, Sept. 20th
8am - 3pm
N. Florida Avenue

Visit www.onspotdermatology.com to reserve a time.

BANYAN STREET
CAPITAL



Tenant Anniversary

Bryant Miller & Olive 19 Yrs
Macfarlane Ferguson 18 Yrs
Florida Wellness 17 Yrs
Visit Tampa Bay 5 Yrs



Tampa City Center Happenings

Basket Drawing Begins Sept. 19th
OnSpot Dermatology Sept. 20th
Basket Drawing Ends Sept. 23rd



Building Amenities

Concierge Services

- Movie-Ticket Sales
- Notary Services (Security)
- USPS-Stamp Sales
- Umbrella Checkout

Dining (all 813 area code)

- OnARoll Sushi, 101-C, 400.1100
- Starbucks, Hilton Hotel across pedestrian bridge on 2
- 211 Restaurant & Lounge, Hilton

Other Services

- Building Conference Rooms in Ste. 225
- Unlock Tampa Bay Store, Lobby
- Florida Wellness Medical Group, 101-A, 229.2225
- Smile Design Dental, 101-E, 225.1204
- University Club, 38th FL, 223.3737
- Tampa Legal Copies, 228.6200
- Shoe Repair, Reina Shoe Repair, 228.8487
- YMCA (10% discount)
- Franklin Street Cleaners & Alterations 225.5600



Picnic Basket Winner

Congratulations to Lou Maggio with Oglethorpe on winning the picnic gift basket!



Tampa Bay Lightning & Buccaneers Seasons Are Here!

ChampaBay is back! With football and hockey seasons and we are here for it.

Tampa Bay Buccaneers play the Dallas Cowboys for week one. The game can be viewed on NBC Sunday 9/11 at 8:20pm. Get some snacks and tuck in for an exciting week 1!

Tampa Bay Lightning has their first home preseason game on September 28th at 7:00pm taking on the Carolina Hurricanes. Tickets can be found on Amalie website.



Heights Night Market

Heights Night Market is a monthly market taking place on 7th Ave in front of Armature Works every 2nd Wednesday of the month from 5:30pm – 9:30pm. Heights Night Market features a rotating cast of artists and makers selling handmade goods, jewelry, art, woodwork and gifts. Heights Night Market is free to attend, family-friendly and features live music at each event.

Posie's Flower Truck

Need a great flower bouquet for someone special in your life? Posie's flower truck is a short hop and skip away in Hyde Park.

Located at the fountain located in center of Hyde Park Village from Noon to 3:00PM every Wednesday & Friday, weather permitting. Posie's flower truck is also available for rent for your private events; just email info@posiesflowertruck.com.





10 Sustainability Practices for the Office

There are many ways that you can bring sustainability to your office. Start with one of the below practices, and after a few weeks or a month, add another practice. Soon, your work space will incorporate all of the suggestions on this list and you'll have created a truly sustainable office.

Office-Wide

1) Form A Sustainable Office Team

Instead of doing all the work yourself, form a sustainable office team to brainstorm changes, implement new ways to go green, and encourage their teammates to abide by the new rules.

2) Incorporate Green Challenges

Green challenges are a fun way to encourage your team to adhere to your sustainable office policies. For example, challenge everyone to go a month without using disposable utensils and offer free coffee or snacks as a reward.

3) Instate An "Everything Off At Night" Rule

Make it a policy that everyone has to turn off equipment when they leave for the night. And the last person out needs to make sure they power down all communal tech (printers, copiers, etc.) so that everything is off at night.

Kitchen

4) Recycle Everything

Set up recycling bins for everything from aluminum cans to plastic bottles to paper products. Post signs that detail *exactly* what belongs in each bin.

5) Set Up A Composting Station

Set up a composting station to recycle food scraps. A local farm or community garden can turn it into planting material/fertilizer.

6) Use Reusable Dishes And Utensils

Using reusable foodware keeps paper plates, plastic forks, and straws out of the local landfill. Be sure to establish clear expectations about dishwashing so your kitchen doesn't become a mess.

Break Room

7) Choose Green Cleaning

The chemicals in cleaning products can harm the environment just as much as the solid waste generated does. Choose biodegradable, nontoxic, and petroleum-free cleaners along with washable microfiber cloths for a truly sustainable (and clean) office environment.

8) Opt For Reusable Cups & Mugs

Similarly, paper plates and plastic utensils, styrofoam and cardboard cups significantly impact the environment. Stock your break room with reusable cups and mugs, and encourage your team to bring in their own.

Main Work Space

9) Print Double-Sided Copies

Printing double-sided copies of documents cuts your paper bill in half. Program your printers so that the default setting is double-sided, but show your team members how to switch to single-sided in case they need it.

10) Reuse Failed Print Jobs As Scrap Paper

Place a bin next to the printer where your team members can discard failed print jobs (single-sided jobs especially). Encourage them to reuse that paper for notes or brainstorming.

Wit & Wisdom

"Hope is the only bee that makes honey without flowers."

—Robert Green Ingersoll

"A day without a friend is like a pot without a single drop of honey left inside."

—A.A. Milne

"Handle a book as a bee does a flower, extract its sweetness but do not damage it."

—John Muir

"To be forgiven is such sweetness that honey is tasteless in comparison with it. But yet there is one thing sweeter still, and that is to forgive."

—Charles Spurgeon

"The words of kindness are more healing to a drooping heart than balm or honey."

—Sarah Fielding

"I admire people who are suited to the contemplative life. They can sit inside themselves like honey in a jar and just be. It's wonderful to have someone like that around, you always feel you can count on them."

—Elizabeth Janeway

"The sweetness of life lies in usefulness, like honey deep in the heart of a clover bloom."

—Laura Ingalls Wilder

"Any land will flow with milk and honey if it is worked with honest hands."

—Rudolfo Anaya

"If life is a cup of tea, gratitude is the honey that makes it sweet."

—Natasha Potter

September 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
September				1	2 Boris Lebedinsky Classical Guitar	3
4	5 Labor Day	6 Joe Lombardo Piano	7	8	9 Ken Haelsig Piano	10
11	12 Cynthia Creel Piano	13 Andrei Cheine Piano	14	15	16 Lorna Anderson Piano	17
18	19 *Boris Lebedinsky Classical Guitar *Basket Drawing Begins	20 OnSpot Dermatology North Florida Ave 8 AM - 3 PM	21	22	23 *Andrei Cheine Piano *Basket Drawing Ends	24
25	26 Ken Haelsig Piano	27 Cynthia Creel Piano	28	29	30 Lorna Anderson Piano	

"This Month In History"

SEPTEMBER

1927: Baseball great Babe Ruth hits his 60th home run in a single MLB season, setting a record that would stand for the next 34 years.

1961: The Peace Corps becomes a permanent government agency. Since then, more than 240,000 Americans have volunteered with the program to serve in developing countries.

1964: "Grapes of Wrath" author John Steinbeck is awarded the Presidential Medal of Freedom, the nation's highest civilian honor.

1977: Wearing water skis, the "Happy Days" character Fonzie jumps over a shark in an episode of the popular sitcom. The phrase "jumping the shark" is now used to describe the moment when an entertainment franchise dips in quality.

1982: With the motto "The Nation's Newspaper," USA Today publishes its first issue. Today, it is the most-read newspaper in the United States.

1993: The truth is out there! Sci-fi drama series "The X-Files" premieres on television.

2016: California's Yosemite National Park adds Ackerson Meadow to its protected boundary, expanding the park by 400 acres.

2020: Supreme Court justice Ruth Bader Ginsburg becomes the first woman to lie in state in the U.S. Capitol in Washington, D.C.