



February 2025

BANYAN STREET CAPITAL

BANYAN STREET CAPITAL PROPERTY MANAGEMENT

Gina Karnes, Senior Property Manager
Erica Delaney, Sr. Assistant Property
Manager
Albert Estrada, Chief Building Engineer

www.TampaCityCenter.com

CUSHMAN & WAKEFIELD LEASING TEAM

Mercedes Angell
Barry Oaks
Marissa Angell



TAMPA CITY CENTER

201 North Franklin Street • Tampa, FL 33602



VALENTINE'S DAY TENANT EVENT

In celebration of Valentine's Day, the Management Team invites you to join them on Thursday, February 13, at 10:30 am, in the lobby on the 2nd floor as they give away metal mugs with single servings of hot chocolate. Happy Valentine's Day from Banyan Street Capital!



Sponslor, Hammer & Johnson .. 13 yrs



oneblood

Share your power.

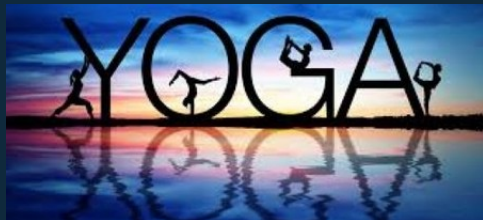
BLOOD DRIVE

Tampa City Center will host a Blood Drive on Tuesday, February 4, from 9:30 am - 3:00 pm. Please go to Oneblood.org to schedule an appointment. Thank you for donating!



CORPORATE MASSAGE

On-site Chair Massage Therapy is on Thursday, February 13, from 11:00 am - 3:00 pm, in Suite 2100. To schedule an appointment, visit corporatemassagetampa.com.



Yoga & Meditation is every Thursday, from 12:30 pm - 1:30 pm, in Suite 350 (location subject to change).



SAVE THE BAY BEAD COLLECTION

Thank you to all those who donated beads to the McDonald Training Center Save the Bay Bead Recycling Program.



PRESIDENTS DAY

The Management Office will be closed on Monday, February 17, in observance of Presidents Day.



Tampa City Center Amenities

Bicycle Locker Room
Chair Massage Therapy
Concierge Services
Downtown's Backyard Market
First Horizon Bank
Florida Wellness Medical Group
Franklin Street Cleaners
Smile Design Dental
Tampa Legal Copies
Tenant Appreciation Events
Tenant Conference Center
Unlock Tampa Bay Gift Shop
YMCA
Yoga & Meditation

Retail

OnARoll Sushi
Santos Kitchen & Lounge
Starbucks/Hilton Hotel
The Blind Tiger Cafe
University Club



DOWNTOWN'S BACKYARD MARKET

Downtown's Backyard Market is on Thursday, February 13, from noon - 4:30 pm, at Tampa City Center's Esplanade. Come and experience downtown Tampa's version of a traditional farmer's market!



REASONS TO RECYCLE

Every time you drop a plastic bottle or aluminum can into a recycling bin, you're helping the planet in many ways. Tampa City Center is committed to helping to sustain our environment. We now recycle over 75% of all office waste. The recycling program currently allows for all tenants to recycle paper, cardboard, glass, plastic, and aluminum all within your office. In order for your office to most effectively participate in the recycling program, we ask that each tenant appoint a recycling coordinator to disseminate information and updates about the program to all internal employees.



BEE DOWNTOWN

It was a bee-autiful year for Tampa City Center's Bees, producing 50.8 pounds of honey!



GASPARILLA MUSIC FESTIVAL

The 2025 Gasparilla Music Festival is February 14 - 16 in Julian B. Lane Park. For more information, please go to gasparillamusic.com.



GASPARILLA DISTANCE CLASSIC

The 48th running of the Gasparilla Distance Classic Race Weekend is February 22 - 23 in downtown Tampa. The annual running event will include four distances plus four challenges. The Gasparilla Distance Classic is the premier and city-signature road running event for the City of Tampa. For details, visit rungasparilla.com.



VIVA TAMPA BAY FESTIVAL

The Viva Tampa Hispanic Heritage Festival is February 1 - 2 in Curtis Hixon Park. Festival-goers can enjoy live music and entertainment for an unforgettable celebration of Hispanic culture and community. For details, visit vivatampabayfest.com.



Rock the Park, Tampa's free monthly music series is on Thursday, February 6, at 6:30 pm, in Curtis Hixon Park.



SANT' YAGO KNIGHT PARADE

The Krewe of the Knights of Sant' Yago Knight Parade is on Saturday, February 8, at 7:00 pm, in Ybor City. For details, visit ybor.org.



Fiesta Day is Saturday, February 22, from 11:00 am - 6:00 pm, in Ybor City. Visit ybor.org for details.



What's **Cooking**

Baked Brie

Ingredients:

- 2 tablespoons unsalted butter
- 8 ounces button mushrooms, sliced
- Kosher salt
- Ground black pepper
- 1 brie round (8 ounces)
- 3 tablespoons honey
- 1/4 cup pomegranate arils
- 1/4 cup shelled pistachios
- Crackers or toasted bread

Directions:

Heat oven to 350° F.

In large skillet, heat butter over medium-high heat. Add mushrooms; cook 8 to 10 minutes or until deep golden brown, stirring frequently. Season with salt and pepper; remove from heat.

Place brie on parchment paper-lined rimmed baking pan; drizzle with honey.

Transfer to oven and bake 5 to 7 minutes or until inside of cheese is softened, but outside remains intact.

Transfer brie to serving platter; top with pomegranate arils, pistachios and mushrooms.

Serve immediately with crackers or bread.

Find more recipes at
www.MilkMeansMore.org.



Wit & Wisdom

"To fall in love with yourself is the first secret to happiness."

—Robert Morely

"How you love yourself is how you teach others to love you."

—Rupi Kaur

"Not only do self-love and love of others go hand in hand, but ultimately they are indistinguishable."

—M. Scott Peck

"If you have the ability to love, love yourself first."

—Charles Bukowski

"Love yourself first and everything else falls into line. You really have to love yourself to get anything done in this world."

—Lucille Ball

"Self-love is not a place we get to but a place we choose."

—Shannon Kaiser

"It is only when you have mastered the art of loving yourself that you can truly love others."

—Robin Sharma

"You yourself, as much as anybody in the entire universe, deserve your love and affection."

—Buddha


"Document the moments you feel most in love with yourself—what you're wearing, who you're around, what you're doing. Recreate and repeat."

—Warsan Shire

"Talk to yourself like someone you love."

—Brené Brown

February 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 Viva Tampa Bay Festival Curtis Hixon Park
2 Viva Tampa Bay Festival Curtis Hixon Park	3	4 Blood Drive 9:30 am - 3:00 pm	5	6 Yoga 12:30 pm - 1:30 pm Suite 350 Rock the Park 6:30 pm Curtis Hixon Park	7	8 Sant' Yago Knight Parade 7:00 pm Ybor City
9	10	11	12	13 Valentine's Day Tenant Event 10:30 am 2nd Floor Lobby Backyard Market 12:00 pm - 4:30 pm Esplanade	14 	15 Gasparilla Music Festival Julian B. Lane Park
16 Gasparilla Music Festival Julian B. Lane Park	17  PRESIDENTS DAY	18	19	20 Yoga 12:30 pm - 1:30 pm Suite 350	21	22 Gasparilla Distance Classic Downtown Tampa Fiesta Day 11:00 am - 6:00 pm Ybor City
23 Gasparilla Distance Classic Downtown Tampa	24	25	26	27 Yoga 12:30 pm - 1:30 pm Suite 350	28	

"This Month In History"

FEBRUARY

1878: Thomas Edison receives a patent for his first major invention, the phonograph.

1905: The first Rotary Club meets in Chicago. The service organization now has more than 35,000 clubs worldwide.

1914: In Washington, D.C., a groundbreaking ceremony is held on the western end of the National Mall for the Lincoln Memorial.

1922: Embracing the "broadcasting boom," President Warren G. Harding

has a radio installed in the White House.

1935: The board game Monopoly goes on sale with a price tag of \$2. Now a classic favorite, millions have played the property trading game.

1947: Inventor Edwin H. Land demonstrates his Polaroid Land Camera, which could produce a black-and-white photo in 60 seconds.

1954: A group of children in Pittsburgh is the first to be inoculated against polio with a new vaccine developed by Dr. Jonas Salk.

1968: With smiles, songs and stories, the TV series "Mister Rogers' Neighborhood" premieres on national public television.

1985: The Coca-Cola Company launches a new flavored soft drink, Cherry Coke.

1995: American businessman Steve Fossett completes the first solo flight across the Pacific Ocean in a balloon.

2006: At the Winter Olympics in Italy, U.S. speedskater Shani Davis becomes the first black athlete to win an individual gold medal in Winter Games history.

2011: "The Artist" wins the Oscar for best picture. It was the first silent film to win the award since "Wings" in 1927.

2014: Comedian Jimmy Fallon becomes the host of the late-night talk show "The Tonight Show."