



April 2023



**TAMPA
CITY CENTER**

201 North Franklin Street • Tampa, FL 33602



SPONSLER, JOHNSON & ANDREWS, P.A.
ATTORNEYS AT LAW

Welcome, Sponsler, Johnson & Andrews, P.A.

Sponsler, Johnson & Andrews, P.A. offers legal services with an emphasis on insurance, workers' compensation, employment law and general liability defense. The firm's goal is to provide a comprehensive plan to assist clients in meeting the demands of today's business environment and forecasting their legal needs in the future. Welcome to Tampa City Center!

Thank You, Ken

Ken Adams, our friendly bearded Maintenance Tech, has recently made the move to a position at Thousand & One Water Street. Thank you for the five years of dedication and learning at Tampa City Center.

Earth Day Basket

For what it's "Earth," we think you should enter for a chance to win this month's Earth Day Gift Basket April 12th - 19th at the second-floor security desk. May the forest be with you!

Zumba Classes

Tuesdays & Thursdays
5:30 - 6:15 PM
Esplanade



OneBlood - Blood Drive

Tuesday, April 11th
10 AM - 3 PM
Jackson Street

Earth Day Herb Giveaway

Friday, April 21st
11:30 AM
2nd Floor Lobby

PROPERTY MANAGEMENT

(813) 223-5008, Suite 1890
All emails: first name.last
name@cushwake.com

Natalie Stoughton, General Manager
Deborah Scott, Property Manager
Patrick Verst, Property Administrator
Seymour Phillips, Chief Engineer
Joshua Coghill, Asst. Chief Engineer
Robert Shim, Engineer
Rob Ruiz, Operating Engineer
Bron Woods, Operating Engineer
Ricky Vega, Maintenance Tech

LEASING TEAM

(813) 223-6300, Suite 3300
Barry Oaks
Mercedes Angell

BANYAN STREET
CAPITAL



Tenant Anniversary

First Horizon 19 Yrs
KCA 15 Yrs
Wade Trim 5 Yrs
Bromagen Law 1 Yr



Tampa City Center Happenings

Zumba Tues & Thurs
Posies Flower Truck April 6
Blood Drive April 11
Basket Drawing Begins April 12
Basket Drawing Ends April 19
Corporate Massage April 20
Earth Day Herb Giveaway April 21



Building Amenities

Concierge Services

- Movie-Ticket Sales
- Notary Services (Security)
- USPS Stamp Sales
- Umbrella Checkout

Dining (all 813 area code)

- Blind Tiger, 202.540.2233
- OnARoll Sushi, 101-C, 400.1100
- Starbucks, Hilton Hotel across pedestrian bridge on 2
- 211 Restaurant & Lounge, Hilton

Other Services

- Building Conference Rooms in Ste. 225
- Unlock Tampa Bay Store, Lobby
- Florida Wellness Medical Group, 101-A, 229.2225
- Smile Design Dental, 101-E, 225.1204
- University Club, 38th FL, 223.3737
- Tampa Legal Copies, 228.6200
- Shoe Repair, Reina Shoe Repair, 228.8487
- YMCA (10% discount)
- Franklin Street Cleaners & Alterations, 225.5600



February Valentine's Gift Basket

Congratulations to Pam Turner with Burr & Forman on winning our Valentine's Gift Basket!

Easter Brunch Buffet Cruise

Yacht Starship's Easter Brunch cruise invites guests to enjoy delicious food while taking in beautiful views of the Tampa Bay area on April 9 from 2 - 4:30 PM. To purchase tickets, visit www.yachtstarship.com.

Walk to Defeat ALS

The Florida chapter of the ALS Association will host their Walk to Defeat ALS Greater Tampa Bay along the Courtney Campbell Causeway beginning at Whiskey Joe's on Saturday, April 22nd, at 9 AM.

EcoFest

Tampa's 13th annual EcoFest returns to the Museum of Science & Industry (MOSI) on Saturday, April 22nd, from 10 AM until 3 PM. Join for live music, demonstrations, organic produce, informational booths and green living products and services.



Submitting Work Order Service Requests

If you notice something does not appear to be operating as normal, please contact your company's office manager or administrative assistant to submit a work order for any of the following non-emergency items:

- Burnt out lights
- Malfunctioning soap dispenser
- Malfunctioning toilet
- Plumbing backups
- E-waste disposal

For more urgent requests such as flooding or power outages, please call the Property Management office at 813-223-5008.



BOMA 360

Tampa City Center is proud to have recertified our BOMA 360 designation in March. BOMA 360 sets the standard worldwide for operational best practices in commercial real estate. The program measures the following:

- Building Operations and management
- Life safety, security and risk management
- Training and education
- Energy
- Environmental sustainability
- Tenant relations and community involvement





Celebrate Earth Day

April 22nd is Earth Day. Here are a few tips you can take home with you to make your home a more sustainable living place for your family and for our environment:

- Buy local, organic produce. Doing so reduces plastic waste from wasteful packaging and ensures that you are getting the freshest produce with the fewest harmful pesticides possible.
- Keep a collection of reusable bags in your vehicle, regardless of whether you typically walk or drive to the grocery store.
- Purchase bars of shampoo, conditioner, body soap and hand soap from nearby stores such as A.W. Mercantile at Armature Works, Lush Cosmetics at WestShore Plaza or Buff City Soap at Midtown Tampa.
- Buy used clothing and accessories whenever possible from local thrift stores.
- Use reusable coffee cups and tea cups whenever possible.
- Wash your clothes on a cold setting to reduce energy consumption.
- Switch to LED lights, which run approximately 90% more efficiently than traditional incandescent light bulbs.
- Use natural cleaning products to reduce harmful chemical toxins in the water and air.
- Use cloth napkins and rags instead of paper napkins and paper towels whenever possible.

Recycling & Waste Management

Did you know that one plastic bag takes approximately 1,000 years to decompose? That's why Tampa City Center eliminated the use of plastic liners at each individual trash receptacle in 2008. As a result, we have increased the amount of waste being recycled and have prevented approximately 207,000 plastic bags from going to the landfill each year.

The trash cans at each individual desk may be used for all dry recyclable items, such as empty plastic and glass bottles, empty aluminum cans, paper, cardboard, staples, paper clips and food containers that have been cleaned out.

Tissues, paper towels, waxed paper, tea bags and styrofoam cannot be recycled and should be discarded in a trash can with a plastic liner.

Batteries can be discarded in the mail room located near the loading dock.

A work order can be submitted to have electronic waste removed from your suite and properly discarded.

Please contact the Property Management Office at 813-223-5008 with any questions regarding waste and recycling.



Driving Sustainably

An eco-friendly car isn't in everyone's budget, but there are other things you can do to reduce gasoline consumption. Improve your vehicle's fuel efficiency by properly inflating the tires, getting regular oil changes and keeping the wheels aligned.

Wit & Wisdom

"The sky is always beautiful. Even when it's dark or rainy or cloudy, it's still beautiful to look at ... and it'll be there no matter what."

—Colleen Hoover

"Trees are poems that the earth writes upon the sky."

—Kahlil Gibran

"The sky takes on shades of orange during sunrise and sunset, the color that gives you hope that the sun will set only to rise again."

—Ram Charan

"I believe that if one always looked at the skies, one would end up with wings."

—Gustave Flaubert

"Look at your feet. You are standing in the sky. When we think of the sky, we tend to look up, but the sky actually begins at the earth."

—Diane Ackerman

"I like the sky. You can look at it forever and never get tired of it, and when you don't want to look at it anymore, you stop."

—Haruki Murakami

"Rain is grace; rain is the sky descending to the earth; without rain, there would be no life."

—John Updike

"Every time I see the sunshine in the bright blue sky, I cannot help but think how blessed I really am to see another day."

—Donna Karan

"We touch the sky, not to soar above the clouds, but to show respect to the earth beneath our feet."

—Anthony T. Hincks

April 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
April						1
2	3	4 Zumba 5:30 - 6:15 PM Location TBD	5	6 *Posies Flower Truck 12 - 3 PM Esplanade *Zumba	7	8
9 Happy Easter	10 	11 *Blood Drive Jackson Street 10 AM - 3 PM *Zumba	12 Basket Drawing Begins	13 Zumba 5:30 - 6:15 PM Esplanade	14 	15
16	17	18 Zumba 5:30 - 6:15 PM Esplanade	19 Basket Drawing Ends	20 *Zumba 5:30 - 6:15 PM Esplanade *Chair Massages 11 AM - 3 PM Suite 2100	21 Earth Day Giveaway 11:30 AM 2nd Floor Lobby	22 
23/30	24	25 Zumba 5:30 - 6:15 PM Location TBD	26	27 Zumba 5:30 - 6:15 PM Esplanade	28	29

“This Month In History”

APRIL

1902: Tally’s Electric Theater in Los Angeles opens. It was the first theater in the U.S. to be built with the sole purpose to show movies, not stage shows.

1917: The United States formally enters World War I, marking a turning point in the conflict that had been ongoing for nearly three years. The Great War ended just over a year and a half later.

1923: Yankee Stadium in New York City hosts its first baseball game. The Yankees defeated the Red Sox 4–1.

1938: Bugs Bunny makes his first cartoon appearance in “Porky’s Hare Hunt.”

1954: The United States Air Force Academy is established just north of Colorado Springs, Colo. Cadets attend the academy to receive military training for either the Air Force or Space Force.

1969: The first temporary artificial heart is used to successfully sustain a patient for 65 hours while waiting for a human heart to become available.

1977: Fifteen women in the House of Representatives hold the first Women’s Caucus meeting. The bipartisan organization is now known as the Congressional Caucus for Women’s Issues.

1997: At age 21, golfer Tiger Woods takes the title of Masters champion, becoming the tournament’s youngest winner—a record he still holds today.

2004: Google launches the free email service Gmail. Since the announcement was made on April Fools’ Day, the public was skeptical of its authenticity. Today, Gmail is actively used by 1.5 billion people around the globe.