



# TAMPA CITY CENTER

201 North Franklin Street • Tampa, FL 33602

**March 2025**

## BANYAN STREET CAPITAL

### BANYAN STREET CAPITAL PROPERTY MANAGEMENT

Gina Karnes, Senior Property Manager  
Erica Delaney, Property Manager  
Albert Estrada, Chief Building Engineer

[www.TampaCityCenter.com](http://www.TampaCityCenter.com)

### CUSHMAN & WAKEFIELD LEASING TEAM

Mercedes Angell  
Barry Oaks  
Marissa Angell

### BEE DOWNTOWN | BUZZWORTHY EMPLOYEE EXPERIENCES



#### DROP-IN HIVE TEA

March 4th | 12-1pm | First Floor Lobby

Looking for a delightful pause in your day? Come sip and savor during Hive Tea! Swing by the honey and tea pairing table to taste three exquisite tea and honey flavor combinations. While you're tasting, you'll learn about specialty honeys and about the role that honeybees and other pollinators play in putting food on your plate!



#### DROP-IN HIVE TEA TENANT EVENT

Jars of honey from Tampa City Center's very own bee hives will be given away at the Drop-In Hive Hot Tea Tenant Event on Tuesday, March 4, from Noon - 1:00 pm in the 1st floor lobby. Sample some hot teas and learn all about honey and tea pairings.

## IT'S COOKIE TIME!

Tagalongs? Samoas?  
Thin Mints? OH MY!!!  
Enjoy a mid-day treat with a complimentary box of your favorite Girl Scout cookies!



#### GIRL SCOUT COOKIES EVENT

Please join the Management Team on Thursday, March 13, at 11:30 am, in the lobby on the 1st floor as we give away boxes of Girl Scout Cookies for the Girl Scout Cookies Tenant Event. With many flavors of cookies to choose from, you won't want to miss out on these seasonal favorites.



Yoga & Meditation is every Thursday from 12:30 pm - 1:30 pm in Suite 350 (location subject to change).



Daylight Saving Time begins on Sunday, March 9. Don't forget to set your clocks one hour ahead.



#### HAPPY ANNIVERSARY

Burr Forman .....	33 yrs
NorthMarq Capital .....	31 yrs
HOK .....	31 yrs
GMC .....	4 yrs
Bromagen Rathet Klee & Smith ..	3 yrs

## CORPORATE MASSAGE OF TAMPA

*On-Site Relief for Stress and Pain*

#### CHAIR MASSAGE THERAPY

On-Site Chair Massage Therapy is on Friday, March 14, from 11:00 am - 3:00 pm, in Suite 350. Please go to [corporatemassagetampa.com](http://corporatemassagetampa.com) to schedule an appointment.



### Tampa City Center Amenities

Bicycle Locker Room  
Chair Massage Therapy  
Concierge Services  
Downtown's Backyard Market  
First Horizon Bank  
Florida Wellness Medical Group  
Franklin Street Cleaners  
Smile Design Dental  
Tampa Legal Copies  
Tenant Appreciation Events  
Tenant Conference Center  
Unlock Tampa Bay Gift Shop  
YMCA  
Yoga & Meditation

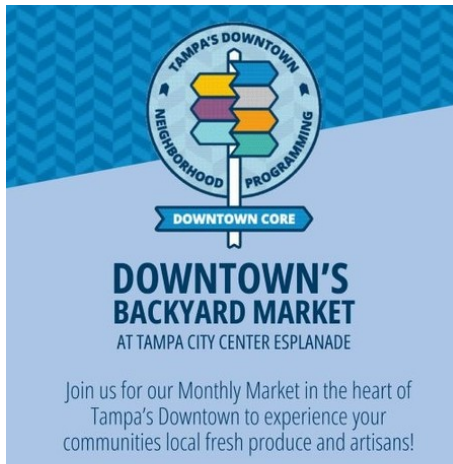
### Retail

OnARoll Sushi  
Santos Kitchen & Lounge  
Starbucks/Hilton Hotel  
The Blind Tiger Cafe  
University Club



### BLIND TIGER CAFE

Roberto Torres, known for his entrepreneurial ventures, Blind Tiger Cafe and Black Denim Apparel Company, has turned his passions into thriving businesses while contributing significantly to the Tampa community. For the second consecutive year, Torres has been named one of Florida Trend's Florida 500, a prestigious recognition highlighting the state's most influential business leaders. Congratulations, Robert!



### DOWNTOWN'S BACKYARD MARKET

The Backyard Market is on Thursday, March 13, from 12:00 pm - 4:30 pm, on the Esplanade. Come and experience downtown Tampa's version of a traditional farmer's market!



### Gasparilla Festival of the Arts

The Gasparilla Festival of the Arts is March 1-2 in Julian B. Lane Park. GFA is one of the top outdoor, juried fine arts shows. For more information, visit [gasparillaarts.com](http://gasparillaarts.com).



The Tampa Bay AirFest is March 15-16 at MacDill Air Force Base. Visit [tampabayairfest.com](http://tampabayairfest.com) for details.



### RIVER O'GREEN FESTIVAL

The River O' Green Festival is on Saturday, March 15, from 11:00 am - 6:00 pm, in Curtis Hixon Park. This annual free event kicks off the St. Patrick's Day holiday, as the Hillsborough River is transformed into a bright shade of green. Celebrate with live Irish entertainment, food and beverage vendors, and family-friendly activities. Admission is free and the entire family is welcome, including four-legged members. Go to [tampasdowntown.com](http://tampasdowntown.com) for more information.



**RE** USE  
DUCE  
CYCLE

### REDUCE, REUSE, RECYCLE

Many stores have bins where customers can return plastic bags for recycling. But did you know that other types of plastic packaging can also be recycled? Most drop-off sites accept polyethylene film, including bread bags, produce bags, dry cleaning bags with the staples removed, deflated air pillows from shipping boxes, and the plastic wrap that covers packs of paper towels and cases of water bottles. Make sure what you place in the bins is clean and dry. The plastic is melted down and turned into pellets, which are used to make something new.



The Beer Bourbon & BBQ Festival is March 7-8 in Curtis Hixon Park. Visit [beerandbourbon.com](http://beerandbourbon.com) for details.

**14th Cuban Sandwich Festival**  
Sunday, March 30th, 2025 

### CUBAN SANDWICH FESTIVAL

The 4th Annual Cuban Sandwich Festival is on Sunday, March 30, from Noon - 6:00 pm, at Historic Ybor City. Enjoy live music, cultural entertainment, and of course, the Cuban Sandwiches. For more details, visit [cubansandwichfestival.com](http://cubansandwichfestival.com).

### Chipotle Veggie Chili

Warm yourself from the inside with a steaming bowl of spicy chili.

#### Ingredients:

- 3 tablespoons olive oil
- 1 medium yellow onion, chopped
- 1/2 teaspoon plus 1/8 teaspoon salt, divided
- 1/4 teaspoon pepper, divided
- 2 garlic cloves, minced
- 1 red bell pepper, chopped
- 1 can (14 ounces) diced fire-roasted tomatoes
- 1 can (14 ounces) red beans, drained and rinsed
- 1 can (14 ounces) pinto beans, drained and rinsed
- 1 cup vegetable broth
- 1 can (7 ounces) chipotles in adobo sauce
- 2 cans (15 ounces each) sweet corn with liquid
- 2 limes, juiced

#### Directions:

In large Dutch oven or stockpot, heat oil over medium heat. Add onion, 1/2 teaspoon salt and 1/8 teaspoon pepper. Stir and cook 5 minutes until onion is translucent. Add garlic and bell pepper; stir and cook 8 minutes until vegetables are soft.

Add tomatoes, beans, broth, chipotles and corn. Season with remaining salt and pepper. Simmer 25 minutes, stirring occasionally, until chili has thickened.

Squeeze lime juice into pot and stir. If desired, serve with garnishes such as guacamole, sour cream, jalapeno slices and fresh cilantro.

For more recipes, visit [Culinary.net](http://Culinary.net).



### Wit & Wisdom

"Are you looking for gold, friend? Look around you; anything useful to you is pure gold, pure silver!"

—Mehmet Murat Ildan

"The man who treasures his friends is usually solid gold himself."

—Marjorie Holmes

"Fire is the test of gold; adversity, of strong men."

—Seneca

"If more of us valued food and cheer and song above hoarded gold, it would be a merrier world."

—J.R.R. Tolkien

"Truth, like gold, is to be obtained not by its growth, but by washing away from it all that is not gold."

—Leo Tolstoy

"Gold is good in its place; but living, brave, patriotic men are better than gold."

—Abraham Lincoln

"Wealth stays with us a little moment if at all; only our characters are steadfast, not our gold."

—Euripides

"Gold may shine; but it has no true light."

—Kristian Goldmund Aumann

"The finest compliment you can pay a man is that his word was as good as gold."

—Evel Knievel

"Every man has within himself a gold mine whose riches are limited only by his own industry."

—Thomas Bailey Aldrich

## March 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						<b>1</b> Gasparilla Festival of the Arts 9:00 am - 6:00 pm Julian B. Lane Park
<b>2</b> Gasparilla Festival of the Arts 10:00 am - 5:00 pm Julian B. Lane Park	<b>3</b>	<b>4</b> Drop-In Hive Tea Tenant Event Noon - 1:00 pm 1st Floor Lobby	<b>5</b>	<b>6</b> Yoga 12:30 pm - 1:30 pm Suite 350 Rock the Park 6:30 pm - 9:30 pm Curtis Hixon Park	<b>7</b> Beer Bourbon & BBQ Festival 6:00 pm - 10:00 pm Curtis Hixon Park	<b>8</b> Beer Bourbon & BBQ Noon - 6:00 pm Curtis Hixon Park
<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b> Girl Scout Cookies Tenant Event 11:30 am 1st Floor Lobby Yoga 12:30 pm - 1:30 pm Suite 350	<b>14</b>	<b>15</b> Tampa Bay AirFest 8:00 am - 4:00 pm MacDill Air Force Base River O'Green Fest 11:00 am - 6:00 pm Curtis Hixon Park
<b>16</b> Tampa Bay AirFest 8:00 am - 4:00 pm MacDill Air Force Base	<b>17</b>  HAPPY ST. PATRICK'S DAY	<b>18</b>	<b>19</b>	<b>20</b> Yoga 12:30 pm - 1:30 pm Suite 350	<b>21</b>	<b>22</b>
<b>23/30</b> Cuban Sandwich Festival Noon - 6:00 pm Ybor City	<b>24/31</b>	<b>25</b>	<b>26</b>	<b>27</b> Yoga 12:30 pm - 1:30 pm Suite 350	<b>28</b>	<b>29</b>

## "This Month In History"

### MARCH

**1790:** The first U.S. census is taken and records a population of 3.9 million.

**1899:** A German pharmaceutical company patents aspirin.

**1912:** Oreos, the cream-filled chocolate sandwich cookies, are introduced by the National Biscuit Company.

**1923:** Time magazine debuts.

**1933:** Frances Perkins is appointed secretary of labor, becoming the first woman to serve in the Cabinet.

**1941:** The National Gallery of Art opens in Washington, D.C.

**1951:** The comic strip "Dennis the Menace" by Hank Ketcham begins syndication in 16 newspapers.

**1968:** Country music singers Johnny Cash and June Carter marry.

**1981:** TV anchorman Walter Cronkite, often called "the most trusted man in America," retires from the "CBS Evening News."

**1994:** Hockey great Wayne Gretzky nets his 802nd NHL goal, breaking the previous record held by legend Gordie Howe.

**1997:** Singer, songwriter and former Beatle Paul McCartney is knighted by Queen Elizabeth II.

**2002:** Halle Berry wins the Oscar for best actress for her role in "Monster's Ball." She was the first African-American to receive the award.

**2006:** The first tweet goes out at the launch of social media website Twitter.