



201 North Franklin Street • Tampa, FL 33602

January 2023

PROPERTY MANAGEMENT

(813) 223-5008, Suite 1890
All emails: first name.last
name@cushwake.com

Natalie Stoughton, General Manager
Deborah Scott, Property Manager
Patrick Verst, Property Administrator
Seymour Phillips, Chief Engineer
Joshua Coghill, Asst. Chief Engineer
Robert Shim, Engineer
Rob Ruiz, Operating Engineer
Bron Woods, Operating Engineer
Ken Adams, Maintenance Tech
Ricky Vega, Maintenance Tech

LEASING TEAM

(813) 223-6300, Suite 3300
Barry Oaks
Mercedes Angell

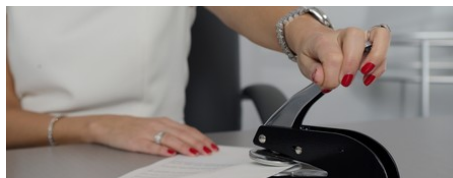
BANYAN STREET
CAPITAL



UNITED TRUST BANK

Welcome, United Trust Bank

Welcome to our building, United Trust Bank. Founded in 2000, United Trust Bank is headquartered in Palos Heights, Illinois. They specialize in personal banking, business banking and lending services. With approximately 200 employees nationwide, United Trust Bank takes pride in being employee owned, allowing them to be more focused on the people they serve. We are glad to have you here at Tampa City Center!

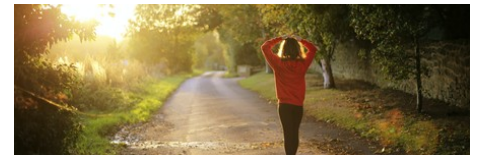


Notary Services

Tampa City Center is happy to provide notary services at no cost. Please call the management office at 813-223-5008 to schedule a time to meet with our notary at the security desk on the second floor.

Tenant Anniversary

University Club	41 Yrs
Morgan & Morgan	16 Yrs
Butler & Boyd	11 Yrs
CDW Direct	8 Yrs
Deloitte	7 Yrs
Smile Design Dentistry	7 Yrs
Spencer Fane	4 Yrs
Dinsmore	3 Yrs



Healthy Living Gift Basket

Kick off the new year in a healthy way by entering for your chance to win this year's healthy living gift basket. Entries will be accepted at the second-floor security desk from January 11th until January 18th. We'll race you there!

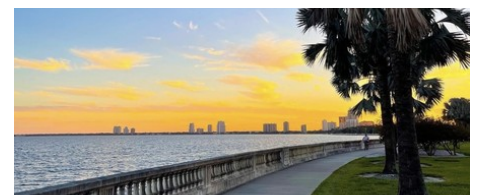
Holiday Brunch Buffet

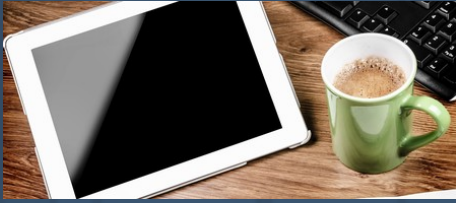
Thank you to everyone who joined us for the long-anticipated return of our annual holiday brunch buffet! We're still thinking about how delicious those Cuban buttermilk biscuits were and how much we love seeing your smiling faces!



Tampa City Center Happenings

Basket Drawing Begins ..	January 11th
Corporate Massage	January 17th
Basket Drawing Ends	January 18th





Building Amenities

Concierge Services

- Movie-Ticket Sales
- Notary Services (Security)
- USPS-Stamp Sales
- Umbrella Checkout

Dining (all 813 area code)

- OnARoll Sushi, 101-C, 400.1100
- Starbucks, Hilton Hotel across pedestrian bridge on 2
- 211 Restaurant & Lounge, Hilton

Other Services

- Building Conference Rooms in Ste. 225
- Unlock Tampa Bay Store, Lobby
- Florida Wellness Medical Group, 101-A, 229.2225
- Smile Design Dental, 101-E, 225.1204
- University Club, 38th FL, 223.3737
- Tampa Legal Copies, 228.6200
- Shoe Repair, Reina Shoe Repair, 228.8487
- YMCA (10% discount)
- Franklin Street Cleaners & Alterations 225.5600



Thanksgiving Gift Basket Winner

Congratulations to Wanda Laliberte with Spencer Fane on winning this year's Thanksgiving gift basket!



Metropolitan Ministries Holiday Collections

Thank you to everyone who contributed to this past holiday season's food and toy drives in partnership with Metropolitan Ministries. Your generosity helps those in need in our community.



Loading Dock Reminders

The loading dock and freight elevators are available on a first-come, first-served basis between the hours of 8 AM and 6 PM Monday through Friday for deliveries less than 45 minutes. Deliveries that are expected to last more than 45 minutes must be scheduled with the management office for after-hours. Please contact the property management office at 813-223-5008 at least 48 hours in advance to reserve the loading dock for your company's needs.

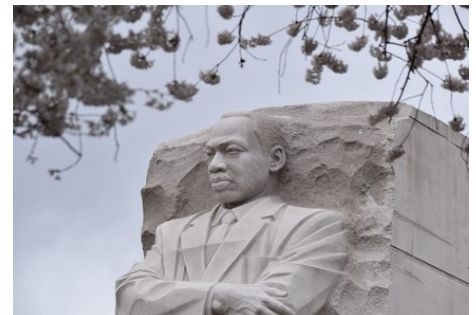
Cristo Rey Corporate Work Study Program

Looking to be a part of a program that empowers students through education and a corporate work study program? Cristo Rey provides opportunities for high school students to perform entry-level jobs at your company, which help students to pay for their education while gaining corporate work skills. Numerous tenants at Tampa City Center have been partnering with Cristo Rey for many years including the property management office. For more information, contact Mark Yarnold at myarnold@cristoreytampa.org or call their office at 813-537-2408.



Remembering Dr. Martin Luther King Jr.

As we celebrate the birthday of Dr. Martin Luther King Jr. this month, let's take a few moments to remember the accomplishments and teachings of this great civil rights leader. The moral code upheld by Dr. King served as an example for both his people and for the world as a whole, which continues to inspire the world more than five decades since his passing.





Every year, Americans throw away approximately 38 billion plastic water bottles, or about \$1 billion worth of plastic. That's a lot of unnecessary trash going to the landfill that takes hundreds of years to decompose. So here are some tips your company and your family can take to help eliminate some unnecessary plastic waste from going to the landfill:

- If you're frequently on the go, buy a reusable water bottle or travel mug.
- Consider investing in a reverse osmosis water filtration system for your home.
- If you're in the office, buy a water cooler and use reusable cups or drinking glasses.
- If you need to use single-use water bottles, consider buying a case of boxed water to always have at the ready, as wax-coated cardboard only takes about five years to decompose.
- If all else fails and you find yourself in a situation where a plastic bottle of water is your only option, be sure to recycle it when you're finished.
- Keep a reusable straw in your car for ease of use when frequenting restaurants.
- If prompted at take-out whether you need eating utensils, kindly decline and use the utensils you already have at home.
- Keep reusable shopping bags in your vehicle at all times.

By doing our part, we can all work toward a better planet.

Dinosaurs Come Back to Life

Jurassic World Live Tour at Amalie Arena is a live entertainment experience for the whole family and features life-sized dinosaurs, heroes and villains with pulse-pounding stunts, action-packed fights and edge-of-your-seat entertainment from January 6th - January 8th. Tickets start at \$30 per person.

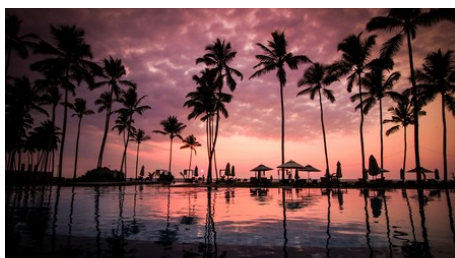
Art Walk & Vendor Fair

Armature Works at the Heights will host their monthly Second Sunday Art Walk & Vendor Fair on January 8th from 11 AM until 3 PM. The event features a rotating cast of artisanal artists and handmade goods, jewelry, art, and woodwork.



Holistic Health Summit

Saint Leo University's Tampa Center will host Holistic Health Summit: Embracing Wellness as a Habit on January 21st from 8 AM until 4 PM, which teaches community members evidence-based, innovative techniques that will help to promote longevity, strengthen the immune system and improve wellbeing. Admission is \$99 per person.



Wit & Wisdom

"I don't need a big house ... just a cozy one."

—Brooke Lea Foster

"Words of comfort, skillfully administered, are the oldest therapy known to man."

—Louis Nizer

"There's a different kind of comfort that comes from knowing that you are putting your best foot forward."

—Tom Ford

"Oh, the comfort—the inexpressible comfort of feeling safe with a person—having neither to weigh thoughts nor measure words, but pouring them all right out, just as they are."

—Dinah Maria Mulock Craik

"All food is comfort food. Maybe I just like to chew."

—Lewis Black

"There is a comfort in rituals, and rituals provide a framework for stability when you are trying to find answers."

—Deborah Norville

"Songs don't wear out. Good songs are good now. If they were a comfort during those hard times in the past, they'll be a comfort in today's age."

—Levon Helm



"I'm a big believer in small, dark, cozy bedrooms ... I need the enveloping comfort of a little squirrel's nest when I have to retreat from the world to recharge."

—Michael Bastian

"There is no happiness like that of being loved by your fellow-creatures, and feeling that your presence is an addition to their comfort."

—Charlotte Bronte

January 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
New Year's Day 1	New Year's Day (Observed) 2	3	4	5	6	7
8	9	10	11 Basket Drawing Begins	12	13 	14
15	Martin Luther King Jr. Day 16	17 Corporate Massage 11 AM - 3 PM Suite 1840	18 Basket Drawing Ends	19	20	21
22	23 	24	25	26	27	28
29	30	31	<i>January</i>			

"This Month In History" JANUARY

1908: Illuminated by 100 lightbulbs, the New Year's ball drops in New York City's Times Square for the first time. There have been seven different Times Square balls since, with the current design bedazzled with over 32,000 LEDs.

1915: Rocky Mountain National Park is established in Colorado, ensuring the region's environment, habitat and wildlife stay protected.

1929: The Seeing Eye, a training school for dog guides, opens in Nashville. The organization was originally founded to breed and train dogs for visually impaired World War I veterans.

1933: Work begins on the Golden Gate Bridge. The famous San Francisco Bay bridge was completed four years later.

1942: Twenty-six countries sign the Declaration of the United Nations, reaffirming their opposition to the Axis powers of World War II.

1960: Senator John F. Kennedy announces his intent to gain the Democratic presidential nomination. Voters later elected him as the nation's 35th president.

1984: The U.S. Supreme Court rules that recording TV programs on home VCRs does not violate copyright laws.

1994: At 14 years old, Peter Leko becomes the youngest grandmaster in chess. Abhimanyu Mishra, who obtained the title at age 12, is the current record holder.

2007: Apple introduces the first iPhone, which features a 3.5-inch touchscreen, built-in microphone and headset controls.