



TAMPA CITY CENTER

201 North Franklin Street • Tampa, FL 33602

October 2025

BANYAN STREET CAPITAL

BANYAN STREET CAPITAL PROPERTY MANAGEMENT

Gina Karnes, Senior Property Manager
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www.TampaCityCenter.com

CUSHMAN & WAKEFIELD LEASING TEAM

Mercedes Angell, Managing Director, Office Brokerage
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Marissa Angell, Associate, Office Leasing



BANYAN STREET CAPITAL

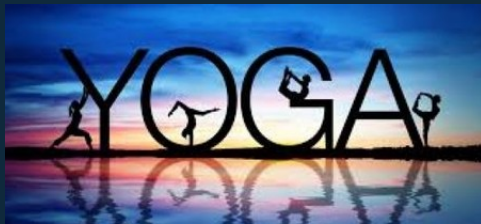
PINKTOBER

In honor of Breast Cancer Awareness Month, please join the Tampa City Center Management Team on Thursday, October 2, at 11:30 a.m., in the second floor lobby for a Pinktober Event. This event will shine a spotlight on The Pink Fund Organization, a national breast cancer non-profit organization that provides financial support to help meet basic needs, decrease stress levels, and allow breast cancer patients in active treatment to focus on healing while improving survivorship outcomes. Their grant program allows them to meet the patients' critical expenses for housing, transportation, utilities, and insurance while improving their lives through household payments, community engagement, and education.



TENANT SPOTLIGHT OF THE MONTH

This month's Tenant Spotlight shines on Santos Kitchen + Lounge. Located on the Esplanade, Santos is a slice of Tulum's vibrant spirit. Embark on a culinary journey that transcends borders, as their gastronomy menu fuses flavors from around the world, delighting your taste buds with each bite. Their talented kitchen staff skillfully infuse local ingredients into every dish, giving you a taste of the region's finest produce. Whether you seek a gastronomic adventure or a spirited night out, Santos Kitchen + Lounge is your passport to a Tulum-like experience right in the heart of Tampa. Let them whisk you away on a journey of flavors and sensations, where every moment is an escape to paradise. Visit santoskitchentampa.com for more information.



Yoga & Meditation is every Thursday, from 12:30 pm - 1:30 pm, in Suite 350 (location subject to change).



Stoler Russell 11 years
Ryan Companies 9 yrs
Marcus & Millchap 7 yrs
Zentech 3 yrs



Tampa City Center will host a Blood Drive on Tuesday, October 28, from 10:00 am - 3:00 pm. To schedule an appointment, visit oneblood.org. Thank you for donating!



Tampa City Center Amenities

- Bicycle Locker Room
- Chair Massage Therapy
- Concierge Services
- Downtown's Backyard Market
- First Horizon Bank
- Florida Wellness Medical Group
- Smile Design Dental
- Tampa Legal Copies
- Tenant Appreciation Events
- Tenant Conference Center
- Unlock Tampa Bay Gift Shop
- YMCA
- Yoga & Meditation

Retail

- OnARoll Sushi
- Santos Kitchen & Lounge
- Starbucks/Hilton Hotel
- The Blind Tiger Cafe
- University Club



Downtown's Backyard Market is Thursday, October 9, from Noon - 4:30 pm on the Esplanade. Discover a hidden oasis of farm-fresh goodness, right in the heart of the Downtown Core. Downtown's Backyard Market is your go-to destination for a taste of the countryside, conveniently located in the hustle and bustle of the city. Stroll through the vibrant market, where the aroma of freshly picked produce and the chatter of eager shoppers fill the air.

CORPORATE MASSAGE OF TAMPA

Onsite Chair Massage Therapy is on Thursday, October 2, from 11:00 am - 3:00 pm, in Suite 225. Visit corporatemassagetampa.com to schedule an appointment.



The 31st Annual Tampa Police Memorial 5K Run and 1-Mile Run/Walk is on Saturday, October 11, at 8:00 am, in Lykes Gaslight Park. To register, visit raceroster.com.



Grab your koozie, bring your bib, and get ready to go hog wild at the annual Tampa Pig Jig on Saturday, October 18, from 1:00 pm - 10:00 pm, in Julian B. Lane Riverfront Park. The Pig Jig is an annual fundraising event featuring live music and a BBQ competition. This year's musical lineup includes country music superstar Megan Maroney. For more information and/or to purchase tickets, please go to tampapigjig.com.



Join Friends of the Riverwalk for their 9th annual Riverwalk Trick or Treat event on Saturday, October 25, from 4:00 pm - 7:00 pm. This FREE community event invites children in costume and their families to come and trick or treat along the Tampa Riverwalk from Cotanchobee Park to The Tampa Convention Center. There will be more than 50 treat stations to stop by, as well as other fun activities like a pumpkin patch, flash mobs, costume contests, and a Halloween Movie in the Park event at 7:00 pm, in Cotanchobee Park.



'CIRCLE IS ONE'

How many words can you come up with using the letters in "recycling?"



Oktoberfest Tampa is October 10 – 12, in Curtis Hixon Park. Come celebrate with German cheer, dancing and singing to cooler weather. The Fest is a time to unwind and make new friends, learn new customs and sing a few songs. Help tap the inaugural keg on Friday as the doors open to Tampa's largest Oktoberfest. For more information, please go to oktoberfesttampa.com.



Rock the Park, downtown Tampa's FREE monthly music series showcasing musical talents of all genres is Thursday, October 2, from 6:30 pm - 9:30 pm, in Curtis Hixon Park.



Take Care of Your Teeth

October is National Dental Hygiene Month, highlighting the importance of proper oral care. Besides keeping your smile looking its best (just in time for World Smile Day!), good dental health also contributes to overall health by ridding your mouth of harmful bacteria that can enter the bloodstream.

Good dental health is rooted in the basics of daily brushing and flossing, eating a proper diet and regular dental visits.

Brush your teeth and gums at least twice a day, giving your tongue a few gentle strokes to remove excess bacteria. Replace your toothbrush every few months; a good reminder is to get a new toothbrush with each new season of the year. Floss once per day to remove plaque and food particles from areas the toothbrush can't reach. Rinse with water after brushing or flossing.

A proper diet also benefits dental health. Keep sugary snacks to a minimum, and brush after consuming them.

Visit your dentist every six months for professional cleanings and checkups. Also see your dentist right away if you experience tooth pain, swollen gums or any sort of bleeding in the mouth.



Wit & Wisdom

"I often think that the night is more alive and more richly colored than the day."
—Vincent Van Gogh

"A man is a very small thing, and the night is very large and full of wonders."
—Lord Dunsany

"The night walked down the sky with the moon in her hand."
—Frederic L. Knowles

"The cloud shadows of midnight possess their own repose."
—Percy Bysshe Shelley

"The heights by great men reached and kept were not attained by sudden flight, but they, while their companions slept, were toiling upward in the night."
—Henry Wadsworth Longfellow

"So the darkness shall be the light, and the stillness the dancing."
—T.S. Eliot

"To me, every hour of the day and night is an unspeakably perfect miracle."
—Walt Whitman

"Deep into that darkness peering, long I stood there, wondering, fearing, doubting, dreaming dreams no mortal ever dared to dream before."
—Edgar Allan Poe

"The moon looks upon many night flowers; the night flowers see but one moon."
—Jean Ingelow

"Give light, and the darkness will disappear of itself."
—Desiderius Erasmus

October 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h1>October</h1>			1	Pinktober Event ² 11:30 am 2nd Floor Lobby Yoga 12:30 pm - 1:30 pm Suite 350	3	4
5	6	7	8	Yoga ⁹ 12:30 pm - 1:30 pm Suite 350 Downtown's Backyard Market Noon - 4:30 pm Esplanade	10	Police Memorial ¹¹ Run 8:00 am Lykes Gaslight Park Oktoberfest 11:00 am - 11:00 pm Curtis Hixon Park
12	Columbus Day ¹³	14	15	16	17	18
Oktoberfest 11:00 am - 6:00 pm Curtis Hixon Park				Yoga 12:30 pm - 1:30 pm Suite 350		Tampa Pig Jig 1:00 pm - 10:00 pm Julian B. Lane Park
19	20	21	22	23	24	25
				Yoga 12:30 pm - 1:30 pm Suite 350		Riverwalk Trick or Treat 4:00 pm - 7:00 pm Downtown Riverwalk
26	27	28	29	30	31	
			Yoga 12:30 pm - 1:30 pm Suite 350			

"This Month In History"

OCTOBER

1792: In the nation's new capital city, Washington, D.C., the cornerstone of the White House is laid.

1903: The Boston Americans defeat the Pittsburgh Pirates five games to three to win the first World Series.

1931: Comic strip crime fighter "Dick Tracy" debuts.

1949: At a ceremony in Beijing, revolutionary leader Mao Zedong formally announces the creation of the People's Republic of China.

1955: Children's TV shows "Captain Kangaroo" and "The Mickey Mouse Club" air their first episodes.

1957: The Space Age begins when the Soviet Union launches Sputnik I, the first man-made satellite, into orbit.

1962: "Dr. No," the first in the popular James Bond spy film franchise, premieres in London.

1979: Mother Teresa wins the Nobel Peace Prize for her work with the poor in India.

1982: The musical "Cats" opens on Broadway, beginning a record run of more than 7,000 performances.

1995: Rallying for unity and family values, hundreds of thousands gather in Washington, D.C., for the Million Man March.

2000: An American astronaut and two Russian cosmonauts arrive for a four-month stay as the first residents of the International Space Station.

2003: Supersonic jet travel comes to an end when the final flights of three Concorde passenger jets land at London's Heathrow Airport.

2011: The Martin Luther King Jr. Memorial is formally dedicated in Washington, D.C., after a postponement due to Hurricane Irene.