



TAMPA  
CITY  
CENTER

201 North Franklin Street • Tampa, FL 33602

## August 2021

### PROPERTY MANAGEMENT

(813) 223-5008, Suite 1890  
All emails: first name.last  
name@cushwake.com

Natalie Stoughton, Sr. Property Mgr.  
Deborah Scott, Property Manager  
Taeana Corcino, Property Administrator  
Kevin Norton, Chief Engineer  
Gerald Michaels, Asst. Chief Engineer  
Robert Shim, Engineer  
Joshua Coghill, Engineer  
Ken Adams, Maintenance Tech  
Rick Garcia, Maintenance Tech

### LEASING TEAM

(813) 223-6300, Suite 3300  
Barry Oaks  
Mercedes Angell



### The University Club-Bar Renovations

The University Club of Tampa will be undergoing a renovation to its Members' Lounge as well as enhancing the surrounding dining areas. They will be reopening the club in September 2021 and welcoming members back for the 75th Anniversary!



### Ice Cream Social Event

Tuesday, August 24th  
1:00pm-3:00pm  
Located on the Main level of the  
Lobby area & the Esplanade

### National Dog Day Basket

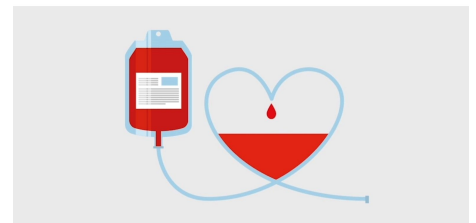
On August 26th we take a day to celebrate man's best friend! This day recognizes how service dogs work on a professional and personal level. May you spend the 26th with your favorite hound!

The basket drawing starts August 12th through August 19th at the 2nd floor security desk.



### Blood Drive

Tuesday, August 17th  
10:00am to 3:00pm  
Located on Jackson Street



BANYAN STREET  
CAPITAL

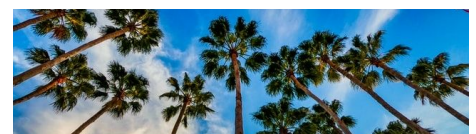


### Tenant Anniversaries

Cushman & Wakefield ..... 39 Years  
U.S. Legal Support ..... 26 Years  
Ernst & Young ..... 7 Years  
BBG ..... 4 Years

### Tampa City Happenings

Basket Drawing Begins ..... Aug. 12th  
Blood Drive ..... Aug. 17th  
Basket Drawing Ends ..... Aug. 19th  
Ice Cream Social Event ..... Aug. 24th





### Building Amenities

#### Concierge Services

- Movie-Ticket Sales
- Notary Services (Security)
- USPS-Stamp Sales
- Umbrella Checkout

#### Dining (all 813 area code)

- OnARoll Sushi, 101-C, 400.1100
- Starbucks, Hilton Hotel across pedestrian bridge on 2
- 211 Restaurant & Lounge, Hilton

#### Other Services

- Building Conference Rooms in Ste. 225
- Unlock Tampa Bay Store, Lobby
- Florida Wellness Medical Group, 101-A, 229.2225
- Smile Design Dental, 101-E, 225.1204
- University Club, 38th FL, 223.3737
- Tampa Legal Copies, 228.6200
- Shoe Repair, Reina Shoe Repair, 228.8487
- Auto Detailing - 226.0654
- YMCA (10% discount)
- Franklin Street Cleaners & Alterations 225.5600



### Father's Day Basket Winner

Congratulations to Eric Hoening with BBG for winning the Father's Day Basket. We hope you were able to enjoy it!



### Step Out Into Nature Along Tampa Riverwalk

Walking is a great form of exercise but taking your steps outside can benefit your mind as well as your body. Researchers say that a walk in a park or other natural surroundings affects the part of the brain that controls brooding. In a study of people who walked, scans showed less activity in that brain region, fewer negative thoughts and improved mental health. Downtown we have Tampa Riverwalk, which offers museums, restaurants and exercise in one. Hop down on your lunch break for a quick walk in the cooler months.

### Wellness at the Wharf: Presented by Sparkman Wharf & Bella Prana Yoga and Meditation-Aug. 4th

Flow and Meditate with your community and then grab a bite to eat at one of the incredible vendors within Sparkman Wharf. The event is an all level flow yoga class. With your \$5.00 class purchased through Eventbrite:

- Receive a 10% discount at the Naked Farmer
- Two-hour Channelside Parking Garage validation (Yogis, simply present Eventbrite confirmation and your parking pass at The Modern Paws to validate)
- One lucky winner will receive a goodie bag filled with wellness items complimentary of Bella Prana and Sparkman Wharf.

Please remember to bring your yoga mat, towel and water bottle.  
<https://www.eventbrite.com>

### You Noticed! TCC Social Media

Our Campaign for Father's Day received 87 entries! We appreciate your likes and follows as an opportunity to keep you updated on what's happening! Don't forget to follow us on Instagram @tampacitycenter or like us on Facebook!



Liked by [uclubtampa](#) and 38 others

[tampacitycenter](#) See how your business can make the move to the heart of Downtown Tampa through the link in our bio! 📩: @insta\_zuzana

# Maintenance Corner

## Fan Coil Unit Operations

Do you have an office on the perimeter of the office? You can help adjust your temperature by adjusting the fan coil units along the outer wall. Make certain the Fan Speed Control is on. The knob is located on the left side of the control box. You can adjust the air flow by selecting high or low for fan speed. Adjust the thermostat to the center setting; knob is located on the right hand side of the control box. Turning the knob to the right increases cooling, turning to the left decreases cooling. If adjusting the fan coil doesn't make the office area cooler, please enter a work order.



## Loading Dock Availability

The loading dock and freight elevators are available on a first come basis between the hours of 5:30am until 5:30pm, Monday-Friday, for deliveries of less than 45 minutes. A guard is on-site to direct deliveries during the weekdays. Deliveries expected to last more than 30 minutes must be scheduled with the Management office between the hours of 10:00pm through 8:00am on weekdays or anytime during the weekends.



## Know Before You Throw...

The Recycling Division of Tampa is responsible for ensuring that recyclable materials collected are recoverable and do not include contamination. The division focuses on education, outreach, monitoring and constantly improving the Department's comprehensive recycling program. A part of the outreach efforts is to provide real-time, curbside education. This is done by placing tags on carts with visible contamination. The tags provide all the needed information to be successful in the recycling program and to avoid a tag in the future. If tagged, the cart is unable to be serviced because it is not compliant with the program. All contaminants will need to be removed before the next scheduled collection day to receive service. This is done to enhance the quality of recycling in Tampa.

Items accepted in your curbside recycling cart:

- **Paper**-Junkmail, office paper, newspaper, paperback books
- **Cardboard**-Flattened and loosely inside cart
- **Paperboard**- Paper towel and toilet paper rolls, boxes and egg cartons
- **Plastic Bottles**- Drinks, Shampoo, Condiments, Cleaning products; no caps, liquid residue, detached lids, aerosol cans or metal of any kind.
- **Glass Bottles and Jars**- No caps/lids, cork or food and liquid residue.

## Wit & Wisdom

"Life is like a roller coaster; live it, be happy, enjoy life."

—Avril Lavigne

"Just play. Have fun. Enjoy the game."

—Michael Jordan

"It's important to enjoy yourself and embrace whatever comes your way."

—Miranda Kerr

"Learning to enjoy today has two benefits: It gives me happiness right now, and it becomes a good memory later."

—George Foreman

"We are supposed to enjoy the good stuff now, while we can, with the people we love. Life has a funny way of teaching us that lesson over and over again."

—Sheena Easton

"Enjoy your sweat because hard work doesn't guarantee success, but without it, you don't have a chance."

—Alex Rodriguez

"We should learn to accept that change is truly the only thing that's going on always, and learn to ride with it and enjoy it."

—Alice Walker



"It's really not about what you have. It's about how you're able to enjoy life in general."

—Kevin Harvick

"Think how really precious is the time you have to spend, whether it's at work or with your family. Every minute should be enjoyed and savored."

—Earl Nightingale

## August 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 	3	4	5	6 Boris Lebedinsky Classical Guitar	7
8	9	10 Andrei Cheine Piano	11	12 Basket Drawing Begins	13 Ken Haelsig Piano	14
15	16 Cynthia Creel Piano	17 Blood Drive 10:00am- 3:00pm Jackson Street	18 	19 Basket Drawing Ends	20 Lorna Anderson Piano	21
22	23 Boris Lebedinsky Classical Guitar	24 *Ice Cream Social 1:00pm-3:00pm First Floor Lobby *Cynthia Creel Piano	25	26 Tom Dixon Classical Jazz Guitar	27 Andrei Cheine Piano	28
29	30 Ken Haelsig Piano	31	<h1>August</h1>			

# "This Month In History"

## AUGUST

**1907:** UPS is founded as a messenger service by two teenagers in Seattle. It's now one of the world's largest package delivery companies.

**1913:** Stainless steel is invented by Harry Brearley of England.

**1946:** The first U.S. coin honoring an African American is authorized for minting. A commemorative half dollar was designed to pay tribute to educator Booker T. Washington.

**1959:** President Dwight D. Eisenhower signs an official proclamation admitting Hawaii as the 50th U.S. state.

**1969:** Half a million people gather at a farm in upstate New York for the Woodstock music festival. The landmark three-day event featured more than 30 artists and bands.

**1990:** MLB history is made when Ken Griffey Sr. and Ken Griffey Jr. become the first father and son to play on the same team, the Seattle Mariners.

**2005:** Hurricane Katrina forms in the Atlantic and makes landfall along the Gulf Coast, devastating the region.

**2020:** The music video of the hit song "Dynamite," by Korean boy band BTS, sets a record on YouTube as the first video with over 100 million views in its first 24 hours.