



TAMPA
CITY
CENTER

201 North Franklin Street • Tampa, FL 33602

November 2020

PROPERTY MANAGEMENT

(813) 223-5008, Suite 1890
All emails: first name.last
name@cushwake.com

Natalie Stoughton, Sr. Property Mgr
Deborah Scott, Property Manager
Taeana Corcino, Property Administrator
Kevin Norton, Chief Engineer
Gerald Michaels, Asst. Chief Engineer
Charles Hudnall, Lead Engineer
Robert Shim, Engineer
Chris Rogers, Engineer
Ken Adams, Maintenance Tech

LEASING TEAM

(813) 223-6300, Suite 3300
Barry Oaks
Lauren Coup
Mercedes Angell



Congratulations!

Congratulations to Gerald Michaels on your promotion to Assistant Chief Engineer. He joined the team in 2016, following in his father's footsteps, Wayne Michaels. His engineering training continues to be an asset to the entire team. We look forward to seeing him excel in this new role.

Thank-ful Basket

An array of thank-ful trinkets awaits your entry to help make the holiday bright. Starting Thursday, November 12th till Thursday, November 19th.

OnARoll Sushi

Tina and ViLa Bisard, the owners of OnARoll Sushi, have been rolling sushi for the past 13 years. The Bisards took ownership in October 2018.

They are best known for their Rock n Roll sushi roll and the Downtown sushi roll. If you are looking for something yummy for lunch, they are located within our Esplanade Monday through Friday from 11:00am till 7:00pm.



BANYAN STREET
CAPITAL



Tenant Anniversaries

HNTB 12 Years
FieldCore 8 Years
CLA 5 Years
iConstructors 2 Years

Tampa City Center Happenings

Basket Drawing Begins . November 12
Basket Drawing Ends ... November 19





Building Amenities

Concierge Services

- Movie-Ticket Sales
- Notary Services (Security)
- USPS-Stamp Sales
- Umbrella Checkout

Dining (all 813 area code)

- OnARoll Sushi, 101-C, 400.1100
- Starbucks, Hilton Hotel across pedestrian bridge on 2
- 211 Restaurant & Lounge, Hilton

Other Services

- Building Conference Rooms in Ste. 225 and Ste. 2870
- Unlock Tampa Bay Store, Lobby
- Florida Wellness Medical Group, 101-A, 229.2225
- Smile Design Dental, 101-E, 225.1204
- University Club, 38th FL, 223.3737
- Tampa Legal Copies, 228.6200
- Shoe Repair, Reina Shoe Repair, 228.8487
- Auto Detailing - 226.0654
- YMCA (10% discount)
- Franklin Street Cleaners & Alterations 225.5600



Fall Is Here Basket Winner

Congratulations to Cynthia Luckett with the University Club for winning the deliciously filled S'mores basket. Hope you enjoy your fall season by sharing some of the gourmet S'mores with your friends and family.

Salute to Veterans

"Veterans Day gives all Americans a special opportunity to pay tribute to all those men and women who, throughout our history, have left their homes and loved ones to serve their country," declared President Ronald Reagan in 1986. Salute the country's 20 million veterans on Nov. 11.



National Museum Day

Monday, November 9th, is National Museum Day!

Notary Services

Please be reminded that property management offers notary services for our tenants at no charge. Please call 813-223-4525 to ensure Dave is available.

Fan Coil Unit Operation

You can help control your temperature by adjusting the fan coil units along the outer wall. Make certain the Fan Speed Control is on. The knob is located on the left side of the control box. You can adjust the air flow by selecting high or low for the fan speed. Adjust the thermostat to the center setting; knob is located on the right hand side of the box. Turning the knob to the right will increase cooling and the left will decrease cooling. If these steps do not work, please enter a work order and a member of Engineering will assist.



To Your Health: Back to Basics

Simply reducing the amount of processed and packaged foods you eat could greatly improve your health. Generally speaking, the fewer ingredients a food has, the better it is for you. Focus on eating fresh fruits and vegetables, whole grains, nuts and seeds, and lean meats and fish. Avoid what comes in boxes and bags. You will cut down on sodium, preservatives and other artificial ingredients.



I Am So Thankful Month

Salute your friends and family this month for all they have done for you. In the spirit of Thanksgiving, take time to make those close to you feel loved and appreciated. Get creative with a thank-you note and let your actions speak loudly as you celebrate your confidantes.

Creative juices. Spice up the normal thank-you card by catching your loved one by surprise. Try sneaking it into their car, slipping it into a desk drawer or packing it with lunch.

Now you're cooking. Let your family's and friends' stomachs know you're thankful! Bake up a batch of cookies or cook up a meal.

Thanks in bloom. A dozen roses are wonderful, but a single daisy with a verbal thank you can be just as nice. Also, consider giving a potted plant. The simpler the upkeep, the better.

Hug it out. The best things about hugs are they're free and a great sign of appreciation.

Pass the word. If someone inspired you to do or accomplish something in your life, remind yourself to let them know. Letting others know the positive impact they've had in your life can mean more than you think.

Sweet tooth. Place a candy bar, fruit or other treat on your comrade's desk or personal space. You don't even need to leave a note. Simply let it brighten his or her day on its own.



Keep Your Home Clutter-Free

Getting rid of clutter is simple—you can sell it, recycle it, dispose of it or donate it (some charities will even come pick it up)—so why is it wreaking havoc in homes across the country? Often, the problem stems from being a junk junkie. Here are some ways to kick the habit:

Banish boxes. Once you've purchased a new item, there's no need to hang on to the box unless it's likely you will be returning the purchase. Even then, the receipt is usually more important to the return process than the packaging.

One in, one out. When you bring home a new item, make sure an old one goes away. From sweaters to toasters, following this rule can prevent clutter from growing.

Pass it on. If you have a magazine or newspaper subscription, don't let the issues pile up. Enjoy them, and then pass them on to a friend.

Goodbye and goodwill. For clothing items, follow the time-tested rule that if you haven't worn it in a year, it's time for it to go. Charities will appreciate your gently worn donations.

Words to live by. Take the sage advice of designer William Morris: "Have nothing in your home that you do not know to be useful, or believe to be beautiful."

Wit & Wisdom

"Thanksgiving is a time of togetherness and gratitude."
—Nigel Hamilton

"I love Thanksgiving because it's a holiday that is centered around food and family."
—Marcus Samuelsson

"Thanksgiving is a joyous invitation to shower the world with love and gratitude."
—Amy Leigh Mercree

"Thanksgiving. That's the day people celebrate having food by eating as much of it as possible. ... That's the day people try to eat every turkey, pumpkin, and cranberry on the face of the earth. It's a tradition."
—Jim Davis

"An optimist is a person who starts a new diet on Thanksgiving Day."
—Irv Kupcinet




"Thanksgiving is the holiday that encompasses all others. All of them, from Martin Luther King Day to ... Valentine's Day, are in one way or another about being thankful."
—Jonathan Safran Foer

"Thanksgiving Day is a good day to recommit our energies to giving thanks and just giving."
—Amy Grant

"Give thanks not just on Thanksgiving Day, but every day of your life. Appreciate and never take for granted all that you have."
—Catherine Pulsifer

"Thanksgiving just gets me all warm and tingly and all kinds of wonderful inside."
—Willard Scott

November 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 	3	4	5	6 Boris Lebedinsky Classical Guitar	7
8	9 Joe Lombardo Piano	10 Andrei Cheine Piano	11 Veterans Day	12 Basket Drawing Begins	13 Ken Haelsig Piano	14
15	16 Cynthia Creel Piano	17	18	19 Basket Drawing Ends	20 Lorena Anderson Piano	21 
22	23 Boris Lebedinsky Classical Guitar	24 Cynthia Creel Piano	25 	26 Thanksgiving	27 Andrei Cheine Piano	28
29	30 Ken Haelsig Piano	<i>November</i>				

"This Month In History" NOVEMBER

1921: The Tomb of the Unknown Soldier is dedicated at Arlington National Cemetery in Virginia. The ceremony took place on Armistice Day three years after the end of World War I.

1947: England's future queen, Princess Elizabeth, marries naval officer Philip Mountbatten at London's Westminster Abbey.

1956: Rock 'n' roll star Elvis Presley makes his movie debut in the Western "Love Me Tender." The film's title was changed to showcase the singer's No. 1 hit song.

1970: Engineer Douglas Engelbart receives a patent for his invention, the computer mouse. He called the device a mouse because the cord looked like a tail.

1984: McDonald's marks a milestone by cooking up its 50 billionth hamburger at a celebration in New York City.

1992: Carol Moseley Braun makes history as the first African American woman elected to the U.S. Senate, representing Illinois.

2000: U.S. President Bill Clinton travels to Vietnam. He was the first American leader to visit the country since the end of the Vietnam War.

2002: The TV cooking show "Barefoot Contessa," hosted by Ina Garten, premieres on the Food Network channel.

2016: Earning over \$3 million in a single week, the musical "Hamilton" sets a Broadway record.